

Report of Activities during 2016

National Road Safety week

The National Service Scheme of KUFOS in association with the Sub Regional Transport Office, Thripunithura organized an awareness programme for students on “**Safe Driving**” as part of the National Road Safety Week on 20th January 2016. Mr. Vinod Kumar N., Motor Vehicle Inspector, handled the class at KUFOS, Seminar Hall. The aim of this campaign was to emphasize and accentuate people about the need of safe roads travel by applying just simple rules. NSS Volunteers then carried out the awareness campaign to the public by distributing hand-made pamphlets to those violating traffic rules and encouraging those following it by distribution of pleasantries.



Women's Day

The Women's Day was celebrated in KUFOS on March 8, 2016 by the NSS Unit. Various competitions to identify the women icon of the campus was also organized, which included elocution, creative thinking and debate competition. Mrs. Merin Joseph, IPS was the Guest of honour for the occasion.



World Environment Day

The world environment day was celebrated on June 5th 2016 at KUFOS campus by the NSS volunteers by planting tree sapling in the three campuses of the university. The Registrar, Dr. V.M. Victor George inaugurated the function and Mr. K.E. Joy, University Engineer, distributed the sapling to the volunteers.



International Day of Yoga

KUFOS NSS unit celebrated the International day of Yoga on 21 June 2016. Dr. A Ramachandran, Hon'ble Vice Chancellor, KUFOS inaugurated the function. A delegate from Michigan State University, USA participated in the function. Shri. Krishnakumar Menon K, Yoga instructor, delivered a talk on "Pranayama for everyone's wellness" and demonstrated various yogasana to the participants.



Swachh Bharat Mission

As part of Swachh Bharat Mission, a campaign was carried out by the NSS KUFOS unit. NSS volunteers were split into two groups. One group of 20 students visited the nearby Raman Memorial LP School, Nettoor and gave talks and created awareness of maintaining personal hygiene and the importance of keeping the surrounding clean for the lower primary students of the school. They also took with them charts and placards depicting the role of every individual to keep their premises clean. The teachers of the school also participated in the programme and together they cleaned the immediate surroundings of the school.



Meanwhile the second group was involved in cleaning the university campus. All the solid waste (plastic, glass, paper, e-waste etc) were collected and segregated in the western campus of the university. The students took special care to convert a long standing dump yard of the campus into a garden.





Swachh Bharat Pakwada

NSS Unit at KUFOS organized a one-day program as part of Swachh Bharat Pakwada at KUFOS campus on August 5th, 2016. Hon'ble Vice Chancellor of KUFOS, inaugurated the one-day workshop on "Empowering youth towards waste management". Two experts in the field of solid waste management were called upon as resource persons viz., Dr P Ahamed Former Director Centre for E Learning KAU & Dr T N Jagadeesh Kumar Formerly Director of Students Welfare to empower the volunteers on different waste management. In the forenoon Dr. Ahamed took a class on "Group dynamics in Participatory Waste Management". Later the whole group including students and teachers were divided into small groups of 10-12 and each group was given an issue related to waste problem to discuss for half an hour. Then one student from each group presented the solutions for their problems. This will be followed by a talk by Dr. Jagadeesh on "Scientific solid waste management practices". In the afternoon the same groups were split-up and carried on with waste management techniques that they learned from the resource persons in different parts of the campus which also included campus cleaning activities.





Independence Day Celebration



NSS Kufos unit actively participated in the 70th Independence day celebrations at the Main campus. A patriotic song competition was held for students on the day. Hon'ble Vice Chancellor, Dr. A. Ramachandran and Volunteers took oath to safeguard national integration on the day.

NSS Day celebration and Orientation Programme for NSS Volunteers

The NSS day was celebrated on 24th September 2016 at the KUFOS main campus. This included a one-day orientation programme for the new batch of NSS volunteers. Mr. Satheesh S. Potti, Assistant Professor, DB College, Thalayolaparambu was the invited guest.

Members Details

The Over-all objective of the National Service Scheme is Service to the community, while studying, in an educational institution. It is sought to arouse the social conscience of students and provide them with the opportunity to work with the people around the educational campuses creatively, and constructively, and to put the education they received to concrete social use. KUFOS has one unit of NSS with Dr. Ranjeet K., Associate Professor as its Programme Officer. The NSS Unit in KUFOS has 100 students from the BFSc course. Mr. Amal S and Ms. Saranya Raju of 2014 batch BFSc are the NSS Secretaries.