

## **ANNUAL REPORT OF THE KUFOS NSS UNIT DURING 2018-19**

### **World Environment Day**

The activities of the National Service Scheme (NSS) in KUFOS started with the celebration of World Environment Day Celebrations on 5<sup>th</sup> June 2018. Hon'ble Vice-Chancellor, Prof. (Dr.) A. Ramachandran inaugurated the function. The theme of this years' Environmental Day was "Nattile Maram Campusil". Apart from this trees were planted In association with the Social Forestry Department of Govt. of Kerala, the NSS volunteers facilitated the planting of more than 500 saplings in the campuses of Panangad, Kochi. Most of the tree saplings were fruit-bearing trees. On the occasion of World Environment Day, NSS volunteers planted trees in the Western Campus which were brought from their hometowns. All the volunteers participated in the activity by bringing the saplings. Since the day comes immediately after the summer vacation it was easier to mobilize the volunteers in bringing the saplings. The saplings of Mango, Guava, Jamun, Custard apple, jackfruit, Papaya etc were planted. Statutory Officers, Teaching and non-teaching staff of the University participated in the planting.



### **Green Campus Clean Campus – Haritha Keralam**

Programme Officers attended one day training programme for NSS organized by KILA and Suchitwa Mission regarding Green Campus Clean

Campus on 19.6.2018 at Samridhi Gramam, Vengola, Ernakulam. Our units received grants allotted by the Suchitwa mission and carried out various activities inside and outside the campus.







Shri. Thomas Issac, the Hon'ble finance minister inaugurated the programme by planting trees. This was followed by involving traditional farmers and farming knowledge. Karanellu Krishi was also done as part of it. Apart from this, the regular activities like solid waste management, plastic waste reduction, etc were done. Activities were carried out inside and in the pangalitha gramam.

### **International Yoga Day Celebrations**

International Yoga Day was celebrated by the NSS KUFOS unit on 21<sup>st</sup> June 2019 at KUFOS main campus, Panangad, Kochi. Shri. Krishnakumar Menon K, Yoga instructor, delivered a talk on "Pranayama for everyone's wellness" and demonstrated various yogasana to the participants. This was followed by practicing of various yogasanas by the NSS volunteers.



## **Nammude Kulam**

Renovation of two ponds in the western campus was done under this project. The slope of the ponds was strengthened by planting Vettiver (Ramacham).



### **Advisory Committee meeting**

The advisory committee meeting of the NSS units of KUFOS was held on 14-8-2018. Shri. GP Sajith Babu, Regional Director, NSS and Shri. K. Sabukuttan, State NSS Officer participated in the meeting chaired by Prof. (Dr.) A. Ramachandran, Vice-Chancellor KUFOS. The committee revised and approved the action plan for 2018-19. Dr. Binu Varghese NSS Programme coordinator welcomed the members and presented the activities of KUFOS NSS units while Dr. Rejish Kumar, NSS Programme officer offered the vote of thanks.

### **Independence Day**

NSS Volunteers actively participated in the Independence Day celebration by participating in the flag hoisting done by the Hon'ble Vice-Chancellor, Dr. A. Ramachandran. National Integration and patriotic songs. After the event volunteers were engaged in cleaning the campus.

## **FLOOD RELIEF ACTIVITIES**

### **COLLECTION OF RELIEF MATERIALS**

NSS units started collecting relief materials from 13.08.2018 in four of its campuses in association with 'Anpodu Kochi'. The collections at the campuses were initially meant up to 17.08.2018 which was later extended



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Two campuses were identified as relief camps for the flood survivor's on 17.08.2018 first one at the Academic Block and another at Western Campus. There were about 600 inmates mostly from Varapuzha, Koonammavu, Cheranelloor, Panangad area. There were also 50 migrant labours from Assam and Bengal.

The camps were organised by the Kumbalam Panchayat in association with KUFOS. NSS volunteers were in charge of Registration, Collection and Distribution of store inventories, water and food supply, assisting medical teams (Allopathy and Homoeopathy), creating awareness on camp activities, cleaning and waste management. The revenue department was actively involved in the daily activities and the camps and was successfully run with the assistance of Panangad Police, NHAH etc.

Since the camps were properly managed by the volunteers and were well covered in the visual media. All the inventories on the items received, supplied to each individual, those leaving the camps their re-entry to camp etc were kept meticulously. Transparencies in the activities were maintained by constituting a camp management committee with people's representatives, camp inmates and volunteers. Materials worth more than eight lakhs were collected and distributed in the camps which were sponsored by individuals and organizations.

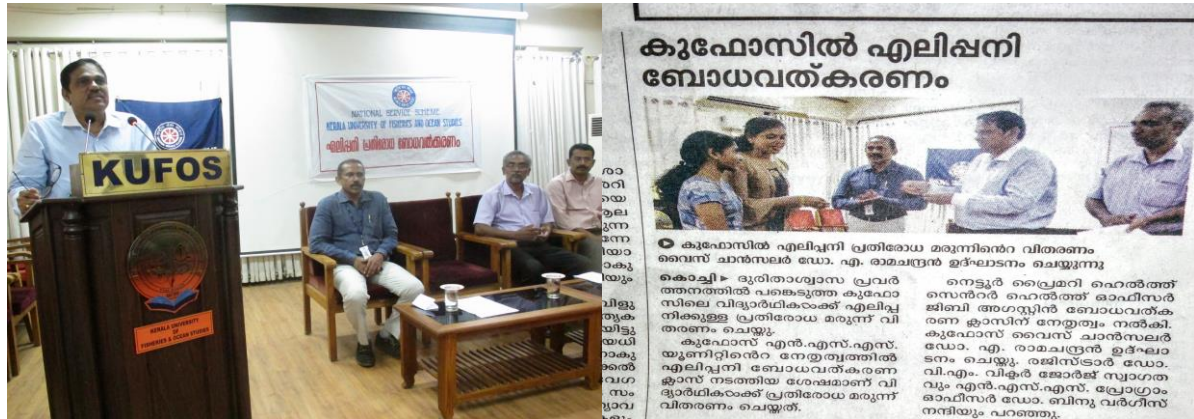
### **AFTER FLOOD ACTIVITIES**

Cleaning teams were formed by the camp management committee which assisted in sanitation and cleaning works at the camp inmates' houses. Our volunteers actively participated in this after flood cleaning and sanitation activities.

### **Awareness program on Leptospirosis**

An awareness program and preventive medicine distribution against Leptospirosis were held at KUFOS seminar hall on 5<sup>th</sup> September 2018. The program was attended by students, staff and the public and classes were delivered by Health Department officials. Hon'ble Vice-Chancellor, Dr. A Ramachandran inaugurated the event by distributing Doxycycline tablets to NSS volunteers involved in the relief camp and after flood cleaning activities. Shri. Siby Augustine, Health Officer Nettoor and

Deepak, Health Inspector Kumbalam lead the classes on Leptospirosis and allied diseases expected after the flooding and general hygienic practices to be followed to avoid contamination.



## Mosquito control programme

NSS unit in collaboration with the Health department observed source control of mosquitos on 14.9.2018. As part of the programme volunteers emptied all the sources which can harbour mosquito eggs and larvae inside and outside the campus. The programme was done as part of after flood disease control by the state health department and shri. Deepak, Health inspector and shri. Prasanth, Asst. Health Inspector actively coordinated activities with Programme Officers of NSS. As a pilot project, NSS KUFOS handed over larvivorous fishes to the health department officials for rearing them in their facilities as well as to release them in the drain and abandoned.





## NSS Day

On 24<sup>th</sup> September NSS Day was observed, the importance of NSS its activities etc were described by the Programme Officers. A yearlong awareness program, collection and management of plastic waste were initiated on the day. Plastic discards were collected from both inside and outside the campuses. The magnitude of the plastic waste management came into the light as the volunteers were able to collect more than 20 sacs of plastic refuse from Western Campus alone within an hour. Therefore a follow-up plastic waste collection was planned during Swachhata Pakhwada culminating on Gandhi Jayanthi.



### **Contribution to CMDRF by NSS-KUFOS**

Though volunteers were already contributed to the relief activities through cash and materials a collection drive was done among the NSS volunteers towards CMDRF. Volunteers collected Rs. 5,500/- towards the same and the amount collected was given to the State NSS cell account.

### **Pencil Drawing on Kerala Flood and Resilience**

A pencil drawing completion on the topic "Pralayam Athijeevanam" was held on 28.9.2018 to mark the tremendous resilience shown by the people of Kerala. About 35 students participated in the 100 minutes drawing competition which highlighted the resurgence of the state from extreme calamity.



### **Participation in Gandhi Smrithi Programme**

Ten volunteers participated in the Gandhi Smrithi Programme organised by Sacred Heart College, Thevara from 30.9.2018 to 2.10.2018. Of these two volunteers attended the special camping programme arranged by NSS MG University. Our volunteers won three first prizes and two-second prizes in the state-level competitions held as part of it.

### **Gandhi Jayanthi Celebration**

NSS Volunteers actively participated in the Gandhijayanthi celebrations held at the University to commemorate the 150<sup>th</sup> birth anniversary of

Mahatma Gandhi. The programme was initiated by Dr. Victor George, Registrar KUFOS, which was followed by Gandhijayanthi and patriotic songs by the volunteers. Dr. Binu Varghese, PC, NSS and Dr. Rejish Kumar PO, NSS gave guidance for the campus cleaning and adopted a village hygiene programme which was initiated on the NSS Day.

After the programme the volunteers were grouped into two batches and one batch did cleaning of three campuses of University and the second batch did cleaning public spaces in the adopted village. These activities were done as part of the Haritha Keralam project funded by Suchitwa Mission.

### **Convocation programme**

Hon'ble Governor P. Sathasivam was the chief guest of 5<sup>th</sup> Convocation Ceremony of KUFOS. NSS volunteers assisted in the smooth conduct of convocation programme which was held on 29<sup>th</sup> October 2018.

### **Award for Best NSS Volunteer**

KUFOS has established an award for Best NSS Volunteer. The award includes a cash prize of Rs. 5000/-, a trophy and a citation. The selection of the best NSS volunteer is based on the criteria given by the NSS State Cell. The first NSS Best Volunteer Award was given to Ms. Saranya Raju of the 2014 BFSc batch during the 5<sup>th</sup> Convocation Ceremony of KUFOS on 29<sup>th</sup> October 2018.

### **Rashtriya Ekta Divas**

31<sup>st</sup> October was observed as the Rashtriya Ekta Divas and NSS volunteers and officers participated in the pledge at the University main campus. Hon'ble Vice-Chancellor led the pledge.





### **Malayalam day/ Bharanabasha mathrubhasha**

Hon'ble vice chancellor led the pledge and reminded the importance of using Malayalam in day to day activities.

### **Meeting of NSS Advisory Board**

Programme coordinator attended the advisory board meeting chaired by Hon'ble Higher Education Minister K. T. Jaleel at his cabin on 8<sup>th</sup> November. The meeting decided on the action plans for NSS in the state.

### **Road safety awareness**

The National Service Scheme of KUFOS in association with the National Highway Authority organised an awareness programme on "**Pedestrian safety**". This was organised as part of the inauguration of the foot overbridge in front of the University at Madavana Jn on 21.12.2018. This campaign aimed to emphasize and accentuate people about the pedestrian safety measures like the use of foot overbridge, zebra crossing and proper use of roads. Shri. M. Swaraj MLA inaugurated the programme and was attended by Chairperson Maradu Municipality, President Kumbalam panchayat, Regional Officer NHAI and Registrar KUFOS.

### **Republic Day Celebration**

NSS KUFOS unit actively participated in the 70<sup>th</sup> Republic day celebrations at the Main campus. Hon'ble Vice-Chancellor, Dr. A.

Ramachandran and Volunteers took the oath to safeguard national integration on the day.



### **Medical Camp**

NSS volunteers assisted NHAI in organising a one-day free medical camp for the public at KUFOS amenity center on 7<sup>th</sup> February 2019. More than 300 people participated in the camp in which screening tests for diabetics, cardiac problem, eyesight, and general health was done.

### **Solidarity to the armed forces – Phulwama**

A candlelight vigil was observed in solidarity with our security forces and a pledge against terrorism was taken.

### **Special Camping Programme**

NSS's special camping programme was organised at the Thalumkandom tribal colony in the Thundathil forest range near Edamalayar Dam. This colony was inhabited by Malayar tribes and about 51 families are currently settled there. The volunteers were involved in the following activities like cleaning of drinking water source, socio-economic data

collection, testing of water quality, cleaning the area, community hall and Anganwadi painting, clearing the electric fencing area from shrubs, creation of natural spaces for community meetings, the supply of provision/cloths, games and drawing activities for children's, hosted community lunch other general activities like awareness programmes on health, plastic pollution, protecting water sources etc. Many of the activities were done in a community participatory model.

We were able to clean and disinfect the community water source and a household well with active participation from the beneficiaries. This ensured quality drinking water for the community at the most needed time. Checking of water quality of the wells (4 nos) increased the confidence of families in using the same.











**World Water Day**

NSS KUFOS observed world water day on March 22<sup>nd</sup>. A rally was organised by the units with placards and slogans on the importance of water and conservation of the same for the future generation.