

ANNUAL REPORT

(2018-19)

NATIONAL SERVICE SCHEME

KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES

PANANGAD P.O., KOCHI – 682 506

World Environment Day

The activities of National Service Scheme (NSS) in KUFOS started with the celebration of World Environment Day Celebrations on 5th June 2018. Hon'ble Vice Chancellor, Prof. (Dr.) A. Ramachandran inaugurated the function. The theme of our Environmental Day was "Nattile Maram Campusil". Apart from this trees were planted In association with Social Forestry Department of Govt. of Kerala, the NSS volunteers facilitated planting of morethan 500 saplings in the campuses of Panangad, Kochi. Most of the tree saplings were of fruit bearing trees. On the occasion of World Environment Day NSS volunteers planted trees in the Western Campus which were brought from their hometowns. All the volunteers participated in the activity by bringing the saplings. Since, the day comes immediately after the summer vacation it was easier to mobilize the volunteers in bringing the saplings. The saplings of Mango, Guava, Jamun, Custard apple, jaclkfruit, Pappaya etc were planted. Statutory Officers, Teaching and non-teaching staff of the University participated in the planting.



Green Campus Clean Campus – Haritha Keralam

Programme Officers attended one day training programme for NSS organized by KILA and Suchitwa Mission regarding Green Campus Clean Campus on 19.6.2018 at Samridhi Gramam, Vengola, Ernakulam. Our units received grants allotted by the Suchitwa mission and carried out various activities inside and outside the campus.







Shri. Thomas Issac, Hon'ble finance minister inaugurated the programme by planting trees. This was followed by involving traditional farmers and farming knowledge. Karanellu Krishi was also done as part of it. Apart from this the regular activities like solid waste management, plastic waste reduction etc were done. Activities were carried out inside and in the pangalitha gramam.

International Yoga Day Celebrations

International Yoga day was celebrated by the NSS KUFOS unit on 21st June 2018 at KUFOS main campus, Panangad, Kochi. Shri. Krishnakumar Menon K, Yoga instructor, delivered a talk on "Pranayama for everyone's wellness" and demonstrated various yogasana to the participants. This was followed by practicing of various yogasanas by the NSS volunteers.





Nammude Kulam

Renovation of two ponds in the western campus was done under this project. The slope of the ponds were strengthened by planting Vettiver (Ramacham).



Advisory Committee meeting

The advisory committee meeting of the NSS units of KUFOS was held on 14-8-2018. Shri. GP Sajith Babu, Regional Director, NSS and Shri. K. Sabukuttan, State NSS Officer participated in the meeting chaired by Prof. (Dr.) A. Ramachandran, Vice Chancellor KUFOS. The committee revised and approved the action plan for 2018-19. Dr. Binu Varghese NSS Programme coordinator welcomed the members and presented the activities of KUFOS NSS units while Dr. Rejish Kumar, NSS Programme officer offered the vote of thanks.

Independence Day

NSS Volunteers actively participated in the Independence Day celebration by participating in the flag hoisting done by the Hon, ble Vice Chancellor, Dr. A. Ramachandran . National Integration and patriotic songs. After the event volunteers were engaged in cleaning the campus.

FLOOD RELIEF ACTIVITIES

COLLECTION OF RELIEF MATERIALS

NSS units started collecting relief materials from 13.08.2018 in four of its campuses in association with 'Anpodu Kochi'. The collections at the campuses was initially meant up to 17.08.2018 which was later extended as relief camps were opened at KUFOS campus. Press release regarding material collection was given in newspapers. All the relief materials collected were used for the camp activities later.



മഴക്കെടുതി: കുഫോസിൽ കൗണ്ടർ തുറന്നു

പനങ്ങാട് 🏾 പ്രളയക്കെടുതി പ്ര ദേശങ്ങളിൽ വിതരണത്തിനായി ജില്ലാ ഭരണകൂടവും അൻപോടു കൊച്ചിയും സമാഹരിക്കുന്ന അവശ്യ വസ്തുക്കളുടെ ശേഖര സ്എസ് യൂണിറ്റിന്റെ നേതൃത്വ ഓഫിസർ ഡോ. ബിനു വർഗീസ് ത്തിൽ കൗണ്ടറുകൾ തുറന്നു.

പനങ്ങാട്ടും പുതുവൈപ്പിനി ലും ഉള്ള കുഫോസിന്റെ എല്ലാ ക്യാംപസുകളിലും കൗണ്ടറുകൾ

ഉണ്ടാകും. 17നു രാവിലെ 9.30 മു തൽ വൈകിട്ട് അഞ്ചു വരെ പ്രവർ ത്തിക്കും. പൊതുജനങ്ങൾക്കും കൗണ്ടറുകളുടെ സേവനം പ്ര യോജപ്പെടുത്താമെന്നു കുഫോ ണത്തിനായി കുഫോസ് എൻഎ സ് എൻഎസ്എസ് പ്രോഗ്രാം അറിയിച്ചു. പണം, ഉപയോഗിച്ച തുണിത്തരങ്ങൾ, റൊട്ടി, പാകം ചെയ്ത ഭക്ഷണം എന്നിവ സ്വീ കരിക്കില.

കുഫോസിൽ അവശ്വവസ്തു ശേഖരണ കൗണ്ടർ

ല വ തിക ാണ്. ഗിയാ

യാഗിച്ച തൂണി , 2au എന്നിവ സമ

MANAGING RELIEF CAMP AT THE CAMPUSES

Two campuses were identified as relief camps for the flood survivor's on 17.08.2018 first one at the Academic Block and another at Western Campus. There were about 600 inmates mostly from Varapuzha, Koonammavu, Cheranelloor, Panangad area. There were also 50 migrant labours from Assam and Bengal.

The camps were organised by the Kumbalam Panchayat in association with KUFOS. NSS volunteers were in charge of Registration, Collection and Distribution of store inventories, water and food supply, assisting medical teams (Allopathy and Homoeopathy), creating awareness on camp activities, cleaning and waste management. Revenue department was actively involved in the daily activities and the camps and were successfully run with the assistance of Panangad Police, NHAI etc.

Since the camps were properly managed by the volunteers and was well covered in the visual media. All the inventories on the items received, supplied to each individuals, those leaving the camps their re- entry to camp etc were kept meticulously. Transparencies in the activities were maintained by constituting a camp management committee with people's representatives, camp inmates and volunteers. Materials worth morethan eight lakhs were collected and distributed in the camps which were sponsored by individuals and organisations.

AFTER FLOOD ACTIVITIES

Cleaning teams were formed by the camp management committee which assisted in sanitation and cleaning works at the camp inmates houses. Our volunteers actively participated in this after flood cleaning and sanitation activities.

Awareness program on Leptosprirosis

An awareness program and preventive medicine distribution against Leptospirosis was held at KUFOS seminar hall on 5th September 2018. The program was attended by students, staff and public and classes were delivered by Health Department officials. Hon'ble Vice Chancellor, Dr. A Ramachandran inaugurated the event by distributing Doxycycline tablets to NSS volunteers involved in the relief camp and after flood cleaning activities. Shri. Siby Augustine, Health Officer Nettoor and Deepak, Health Inspector Kumbalam lead the classes on Leptospirosis and allied diseases expected after the flooding and general hygienic practises to be followed to avoid contamination.



Mosquito control programme

NSS unit in collaboration with Health department observed source control of mosquitos on 14.9.2018. As part of the programme volunteers emptied all the sources which can harbour mosquito egg and larvae inside and outside the campus. The programme was done as part of after flood disease control by state health department and shri. Deepak, Health inspector and shri. Prasanth, Asst. Health Inspector actively coordinated activities with Programme Officers of NSS. As a pilot project NSS KUFOS handed over larvivorous fishes to the health department officials for rearing them in their facilities as well as to release in the drain and abandoned.



NSS Day

On 24th September NSS Day was observed, the importance of NSS its activities etc were described by the Programme Officers. An yearlong awareness program, collection and management of plastic waste were initiated on the day. Plastic discards were collected from both inside and outside the campuses. The magnitude of the plastic waste management came into the light as the volunteers were able to collect more than 20 sacs of plastic refuse from Western Campus alone within an hour. Therefore a follow-up plastic waste collection was planned during Swachhata Pakhwada culminating on Gandhi Jayanthi.



Contribution to CMDRF by NSS-KUFOS

Though volunteers were already contributed to the relief activities by means of cash and materials a collection drive was done among the NSS volunteers towards CMDRF. Volunteers collected Rs. 5,500/- towards the same and the amount collected was given to State NSS cell account.

Pencil Drawing on Kerala Flood and Resilience

A pencil drawing completion on the topic "Pralayam Athijeevanam" was held on 28.9.2018 to mark the tremendous resilience shown by the people of Kerala. About 35 students participated in the 100 minutes drawing competition which highlighted the resurgence of the state from extreme calamity.



Participation in Gandhi Smrithi Programme

Ten volunteers participated in the Gandhi Smrithi Programme organised by Sacred Heart College, Thevara from 30.9.2018 to 2.10.2018. Of these two volunteers attended the special camping programme arranged by NSS MG University. Our volunteers won three first prizes and two second prizes in the state level competitions held as part of it.

Gandhi jayanthi Celebration

NSS Volunteers actively participated in the Gandhijayanthi celebrations held at the University to commemorate the 150th birth anniversary of Mahathma Gandhi. The programme was initiated by Dr. Victor George, Registrar KUFOS, which was followed by Gandhijayanthi and patriotic songs by the volunteers. Dr. Binu Varghese, PC, NSS and Dr. Rejish Kumar PO, NSS gave guidance for the campus cleaning and adopted village hygiene programme which was initiated on the NSS Day.

After the programme the volunteers were grouped into two batches and one batch did cleaning of three campuses of University and the second batch did cleaning public spaces in the adopted village. These activities were done as part of the Haritha Keralam project funded by Suchitwa Mission.

Convocation programme

Hon'ble Governor P. Sathasivam was the chief guest of 5th Convocation Ceremony of KUFOS. NSS volunteers assisted in the smooth conduct of convocation programme which was held on 29th October 2018.

Award for Best NSS Volunteer

KUFOS has established an award for Best NSS Volunteer. The Award includes a cash prize of Rs. 5000/-, a trophy and a citation. The selection of the best NSS volunteer is based on the criteria given by NSS State Cell. The first NSS Best Volunteer Award was given to Ms. Saranya Raju of the 2014 BFSc batch during the 5th Convocation Ceremony of KUFOS on 29th October 2018.

Rashtriya Ekta Divas

31st October was observed as the Rashtriya Ekta Divas and NSS volunteers and officers participated in the pledge at the University main campus. Hon'ble Vice Chancellor led the pledge.



Malayalam day/ Bharanabasha mathrubhasha...

Hon'ble vice chancellor led the pledge and reminded the importance of using Malayalam in day to day activities.

Meeting of NSS Advisory Board

Programme coordinator attended the advisory board meeting chaired by Hon'ble Higher Education Minister K. T. Jaleel at his cabin on 8th November. The meeting decided on the action plans for NSS in the state.

Road safety awareness

The National Service Scheme of KUFOS in association with the National Highway Authority organised an awareness programme on "**Pedestrian safety**". This was organised as part of the inauguration of foot overbridge in front of the University at Madavana Jn on 21.12.2018. The aim of this campaign was to emphasize and accentuate people about the pedestrian safe measures like the use of foot overbridge, zebra crossing and proper use of roads. Shri. M. Swaraj MLA inaugurated the programme and was attended by Chairperson Maradu municipality, President Kumbalam panchayat, Regional Officer NHAI and Registrar KUFOS.

Republic Day Celebration

NSS KUFOS unit actively participated in the 70th Republic day celebrations at the Main campus. Hon'ble Vice Chancellor, Dr. A. Ramachandran and Volunteers took oath to safeguard national integration on the day.



Medical Camp

NSS volunteers assisted NHAI in organising a one-day free medical camp to public at KUFOS amenity centre on 7th February 2019. More than 300 people participated in the camp in which screening tests for diabetics, cardiac problem, eye sight, and general health was done.

Solidarity to the armed forces – Phulwama

Candle light vigil was observed in solidarity to our security forces and pledge against terrorism was taken.

Special Camping Programme

NSS special camping programme was organised at the Thalumkandom tribal colony in the Thundathil forest range near Edamalayar Dam. This colony was inhabited by Malayar tribes and about 51 families are currently settled there. The volunteers were involved in following activities like cleaning of drinking water source, socio-economic data collection, testing of water quality, cleaning the area, community hall and Anganwadi painting, clearing the electric fencing area from shrubs, creation of natural spaces for community meetings, supply of provision/cloths, games and drawing activities for children's, hosted community lunch other general activities like awareness programmes on health, plastic pollution, protecting water sources etc. Many of the activities were done in a community participatory mode.

We were able to clean and disinfect the community water source and a household well with active participation from the beneficiaries. This ensured quality drinking water for the community at the most needed time. Checking of water quality of the wells (4 nos) increased the confidence of families in using the same.









