



ANNUAL REPORT

(2021-22)

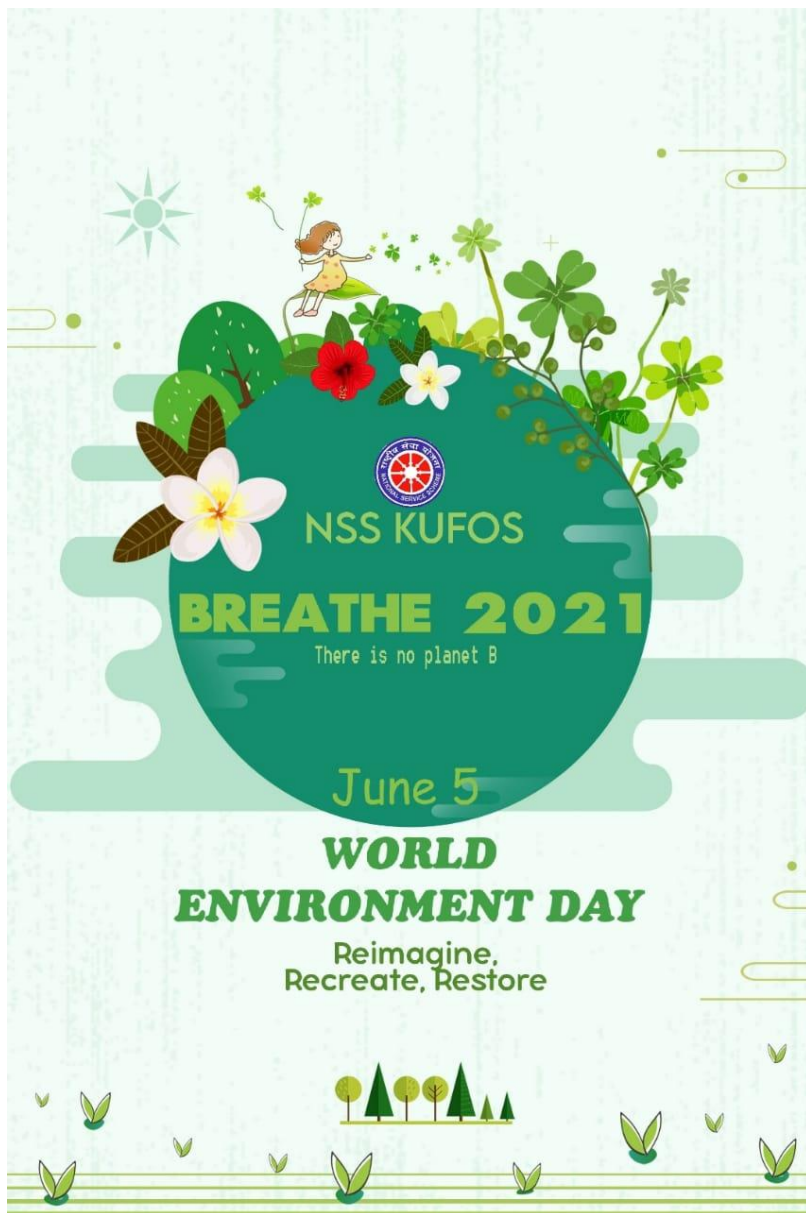
NATIONAL SERVICE SCHEME

**KERALA UNIVERSITY OF FISHERIES AND OCEAN
STUDIES**

PANANGAD P.O., KOCHI – 682 506

World Environment Day

Activities of the National Service Scheme (NSS) got initiated with the observance of World Environment Day Celebrations on 5th June 2021. World Environment Day was celebrated by NSS volunteers in their houses by planting trees. The main purpose of the celebration was to spread awareness about the need to protect the environment and the ways to do it. NSS volunteers became a model for other students in the university. The volunteers also prepared an enchanting video of this programme. The Programme was a great success and has certainly made a difference to the way we view our environment.





Anaemia Campaign

NSS units of Kerala University Of Fisheries And Ocean Studies conducted Anaemia campaign in association with Integrated Child Development Service (ICDS) in Kumbalam Panchayat and NetProFan (Network of professionals of food and nutrition). This campaign was held on June 19, 2021 through Google meet platform.

The formal function started at 12pm. The ICDS coordinator Smt. Asha addressed the gathered speakers and NSS volunteers of the Institution and registered them for being a part of the movement. The main speakers of this campaign were Dr. Liza Thomas (Pediatrician and Adolescent specialist Little Flower Annex Hospital, Aluva) and Ms. Priyanka PS (Assistant professor, St. Teresa's college Ernakulam). Dr. Liza Thomas mainly spoke about the causes and reasons for Anaemia disease. Ms. Priyanka PS conducted Quiz session and spoke about the diet to prevent anaemia. Active participation of the NSS volunteers and the students from all departments of university made the programme a grand success. The program was coordinated by Dr. Rejish kumar V.J, Program officer, NSS KUFOS.



The poster is for an ICDS Palluruthy Anaemia Campaign. It features the Government of Kerala logo at the top, followed by the Department of Women and Child Development. The event is titled 'ICDS PALLURUTHY ANAEMIA CAMPAIGN' and is in association with the National Service Scheme of Kerala University of Fisheries and Ocean Studies (KUFOS) and NetProFaN Kochi Chapter. Two speakers are listed: Dr. Liza Thomas, Paediatrician and Adolescent Specialist at Little Flower Annex Hospital, Aluva; and Ms. Priyanka P S, Assistant Professor at St. Teresa's College Ernakulam. The event is scheduled for Saturday, 19/06/2021, at 12:00 P M. A Google Meet link is provided: <https://meet.google.com/die-ogvf-gmc>. Logos for KUFOS and NetProFaN are at the bottom.

Government of Kerala
DEPARTMENT OF
WOMEN AND CHILD DEVELOPMENT

ICDS PALLURUTHY

ANAEMIA CAMPAIGN In association with National Service Scheme of Kerala University of Fisheries and Ocean Studies (KUFOS) and NetProFaN Kochi Chapter

Speakers

 **Dr. Liza Thomas**
Paediatrician and Adolescent Specialist
Little Flower Annex Hospital, Aluva

 **Ms. Priyanka P S**
Assistant Professor
St. Teresa's College Ernakulam

Date: 19/06/2021, Saturday
Time: 12:00 P M

 <https://meet.google.com/die-ogvf-gmc>
Or open Meet and enter this code: die-ogvf-gmc

  **NetProFaN**
NETWORK OF PROFESSIONALS
OF FOOD AND NUTRITION

International Yoga Day

In connection with 7th International yoga day, NSS unit of KUFOS has organized an online training programme 'Health and focus through yoga meditation 'on June 21, 2021. The programme was conducted through Zoom platform. The programme started at 4.30pm with the NSS song by NSS volunteer Sreelekshmi T K, Dr. Rejish Kumar V.J, NSS programme coordinator of KUFOS has delivered the cordial welcome address. Hon'ble Vice Chancellor of KUFOS ,Prof. Dr. Riji John inaugurated the programme. The message of the day was given by Anish P.S, Art of living faculty. He is the coordinator of Mission Zindagi programme and Prison Smart programme. In his talk he emphasized on the importance of yoga for a healthy life. Dr.B.Manojkumar, Registrar KUFOS offered the felicitations. Vote of thanks was given by Aishwarya AG,NSS volunteer. practical session was conducted through the Zoom meeting. Anish PS and Kumari Damodar, the faculty of Art of Living, Ernakulam led the programme. The programme was about 1 hour followed by 30 min training session. More than 100 students participated in the programme.



10:10:58 • 1.57 MB/s • 95%
 Zoom Meeting • 3/11

ഷാജ, കൃഷ്ണപ്രസാദ്, പി.ബി. ഗോപനാഥ, ആല അട് ബ്ലോക്ക് പഞ്ചായത്തം കെ.ആർ. രാമചന്ദ്രൻ എന്നിവർ പങ്കെടുത്തു.

കൊച്ചി: ഏഴാമത് അന്താരാഷ്ട്ര യോഗാദിനാചരണത്തിന്റെ ഭാഗമായി കേരള ഫിഷറീസ് സമൂഹ പഠന സർവകലാശാലയിൽ (കൃഷ്ണപ്രസാദ്) ഹെൽത്ത് ആൻഡ് ഫോക്കസ് ട്രൂ യോഗ ആൻഡ് മെഡിറ്റേഷൻ -ഓൺലൈൻ പരിശീലന പരിപാടി സംഘടിപ്പിച്ചു. വൈസ് ചാൻസലർ ഡോ. കെ. റിജി അജൺ ഉദ്ഘാടനം ചെയ്തു. ആർട്ട് ഓഫ് ലീവിങ് ഫാക്കൽറ്റി അനിഷ് പി. എസ്. ഓൺലൈൻ യോഗ പരിശീലന പരിപാടിക്ക് നേതൃത്വം നൽകി. കൃഷ്ണപ്രസാദ് രജിസ്ട്രാർ ഡോ. ബി. മനോജ് കുമാർ, എൻഎസ്എസ് പ്രോഗ്രാം കോർഡിനേറ്റർ ഡോ. രജിഷ് കുമാർ വി. ജെ എന്നിവർ പങ്കെടുത്തു. നൂറോളം വിദ്യാർത്ഥികൾ ഓൺലൈൻ യോഗ പരിശീലനത്തിൽ പങ്കെടുത്തു.

Kerala university of fisheries and ocean studies



National service scheme



International yoga day 2021



Protest against dowry and domestic violence

There is an increasing report on dowry related issues and domestic violence against women in Kerala and India. NSS KUFOS volunteers conveyed their protest on domestic violence against women through pledge and posters. About hundreds of NSS volunteers participated in the protest. The protest was held on 4th July 2021. There was active participation of students from all departments of university. An inspiring video made by the volunteers widely circulated in the social media. The program was coordinated by Dr. Rejish kumar VJ, NSS



program officer, KUFOS

Cheer for India for Tokyo Olympic 2021

NSS volunteers of KUFOS has prepared videos to cheer our Indian team at Tokyo. The video has been uploaded in the social media and NSS RD WhatsApp group.

Convocation programme

Hon'ble Governor Shri. Arif Mohammed Khan was the chief guest of 7th Convocation Ceremony of KUFOS. NSS volunteers assisted in the smooth conduct of convocation programme which was held on 12th August 2021.

Independence Day Celebrations (Azadi ka Amrut Mahotsav)

Our 75 years of independence 'Azadi ka Amrut Mahotsav' was celebrated at KUFOS with great enthusiasm and patriotic fervour on the 15th day of August 2021. The programme commenced with the NCC parade and the majestic tri-colour national flag was hoisted by Vice-Chancellor, Prof. Dr Riji John accompanied by the heart-stirring national anthem. The VC addressed the gathering appealing to the nationalistic spirit and urging to take pride in being an Indian and fulfilling one's duty with responsibility. In his brief and bright speech, he emphasized the need of understanding our capabilities to contribute more to the country as fisheries students. This was followed by the patriotic song by the NSS volunteers and the speech by the NCC cadet evoked the feeling of patriotism among one and all. NCC and NSS songs gave more colours to the programme. The NSS organized an online quiz programme and crafted a video on 'Unity in diversity at KUFOS' which depicted the students who hail from different parts of India. Librarian Dr. Kujumhammad was the programme coordinator and vote of thanks delivered by Prof. Dr. Subash Chandran, Controller of examination, KUFOS.. The covid protocol was strictly followed throughout the event.





**KERALA UNIVERSITY OF FISHERIES
AND OCEAN STUDIES**

*Independence
day quiz 2021*

*Azadi ka
Amrit
Mahotsav*



**Thousands laid down their lives
so that our country can
celebrate this day
Never forget their scarifice.....**

**75 th Independence day 2021
theme: "Nation First, Always
First"**



NSS KUFOS

Rendering of the National Anthem of India

All NSS volunteers contributed their individual rendering of “National Anthem of India”, in connection with 75th Independence Day celebrations “Azadi ka Amrut Mahotsav” organized by Ministry of Education, Govt. of India.



“No to dowry” poster competition

As per the order of Hon’ble Governor NSS KUFOS has organized a poster competition on “No TO DOWRY”. Entries were invited from August 10-15. Altogether ten entries were received. A committee has been constituted and best three posters has been selected and submitted to the Governor office for further evaluation.

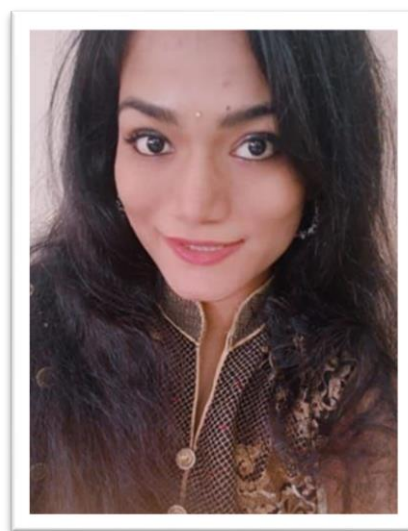


NSS volunteers of KUFOS bagged prizes in National NSS Meet 2021

NSS KUFOS Volunteers participated in National NSS MEET 2021 organized by NSS Units No.150 and 31 of St Xaviers College Palayamkottai, Tamil Nādu from 20th September 2021 to 24th September 2021 via online. NSS volunteers Pragati Kumari and Vidya Vijayan (BFSc 2019 batch) bagged prizes in the National NSS Meet. Pragati Kumari got First prize in Quiz competition and third prize in Slogan writing, while Vidya Vijayan won first prize in Poster making.



Vidya Vijayan



Pragati Kumari

NSS Day celebration 2021

NSS units of KUFOS celebrated National NSS DAY on 24th September 2021 with a campaign “Lets Mask Up” to curb the COVID 19. NSS volunteers distributed cloth masks and created awareness among the public regarding the importance of wearing masks and other precautions to prevent the spread of COVID 19 pandemic



Clean India Programme 2021

National Service Scheme, Kerala University of Fisheries and Ocean Studies has celebrated Gandhi Jayanthi on 2nd October 2021. Fifty-five NSS Volunteers gathered at KUFOS to commemorate Gandhiji's 152nd birthday. The programme was started at 9 AM in the academic block with the speech of Dr Rejish Kumar, NSS Programme Officer KUFOS emphasizing the importance of cleanliness and the duties to be fulfilled by the NSS volunteers. As a part of Clean India Programme NSS volunteers were divided into two groups for collecting the plastic wastes. One group conducted a Plogging Run while another group engaged in Campus cleaning. The Plogging Run started from Panangad Police station and ended in Lakeshore Hospital. The Campus cleaning was conducted in all the three Campuses. The Programme ended at 1.00 pm. At the end we were able to collect more than 30kg of plastic waste.



PLOGGING RUN
NSS KUFOS
2021





GANDHI JAYANTHI
CELEBRATION

2 OCTOBER
2021





National Unity Day

On 1st November 2021, NSS volunteers gathered in the western campus, Infront of the aquarium at 4.30 pm to celebrate the national Unity Day. The national Unity Day also known as Rastriya Ekta Diwas is celebrated on October 31 to mark the birth anniversary of Sardar Patel. The objective is to maintain the nation's unity and aims to spread awareness about Patel's contribution, who played a crucial role in the integration of India. The programme coordinator Dr Rejish sir explained about the significance of this day and also welcomed the NSS new programme officer Dr Abhilash sir. The volunteers took the pledge to preserve the unity, integrity and security of the nation.



Constitution Day

Every year on November 26th, Constitution Day, also known as 'Samvidhan Divas,' is celebrated in our country to honour the adoption of the Indian Constitution. The Constituent Assembly of India enacted the Indian Constitution on November 26, 1949, and it went into effect on January 26, 1950. To promote constitutional ideas among citizens, NSS volunteers assembled in the Western Campus at 4.30 PM on 26th November in front of the Aquarium. The Programme coordinator Dr Rejish sir described the importance of Constitution Day and how we can contribute to the development of our Nation. The Pledge was delivered by the Programme officer Dr Abhilash Sir. The Volunteers got the spirit to protect the Indian laws and were also inspired to know more about the Indian constitution.



World AIDS DAY District level Inauguration 2021

Every year, on 1 December, the world commemorates World AIDS Day. This day reminds us that HIV infection still exists in society and that there is still a lot to be done to prevent HIV and protect those infected. The message of World AIDS Day 2021 is "End inequalities, End AIDS, End Pandemics"

The district-level inauguration of the World AIDS Day was held at 11 am on 1 December 2021, at the KUFOS seminar hall organized by the Kochi District Health Department, KUFOS NNS Unit and the District AIDS Control Unit. The ceremony was started with a flash mob of NSS KUFOS Volunteers followed by the flash mob of Govt Nursing School Ernakulam. The official programme was started with the welcome speech of District TB and AIDS control officer Dr Sarath G Rao followed by the presidential address of Mrs. Baby Thampi, Palluruthy Block Panchayat President. Prof. Dr Riji John , Vice-Chancellor, KUFOS officially inaugurated the function by lighting the lamp.

Red Ribbon wearing ceremony, which is the symbol of solidarity and support towards the people living with HIV, was done by Mr. K. S Radhakrishnan the Kumbalam Gramapanchayath President. The District Medical officer, Ernakulam Dr Jayasree V delivered the keynote address. She emphasized on how to overcome treat the AIDS patients

and the role of society to prevent the HIV. National Health Mission District Program Manager Dr. Sajith John administered the oath

KUFOS Registrar Dr. B. Manoj Kumar, Mrs. Mettilda Michael Chairperson of Standing committee on health Pallurythy Block Panchayath, Mrs. K. P Karmali Teacher the Vice president of Kumbalam Gramapanchayath, M.M. Faisal Chairperson of Standing committee on health Kumbalam Gramapanchayath and K. P Pradeepan ward member of Kumbalam Gramapanchayath greeted the gathering. Each of them emphasized to stop the HIV stigma by speaking up and taking action against stigmatizing words or actions.

The programme was accompanied by a flash mob, skit, street drama and awareness poster display. Prizes were distributed on the district level Flash mob and Poster Making competitions. Ernakulam Govt. Nursing School, Sree Sudheendra College of Nursing, Govt. Law College Ernakulam won the first three places. Vivek Vijayan bagged the first prize on poster competition. NSS KUFOS and District Aids Prevention and control unit team (DACU) Performed the street play, which was given the extra colors to the program. Mrs. Sreeja C. M, the District Education and Media Officer delivered the vote of thanks.

കുഫോസിൽ ജില്ലാതല എയ്ഡ്സ് ദിനാചരണം

കൊച്ചി • ജില്ലാ ആരോഗ്യ വകുപ്പ്, കുഫോസ് എൻഎൻഎസ് യൂണിറ്റ്, ജില്ലാ എയ്ഡ്സ് നിയന്ത്രണ യൂണിറ്റ് എന്നിവയുടെ നേതൃത്വത്തിൽ സംഘടിപ്പിച്ച ജില്ലാതല ഉദ്ഘാടനം പനങ്ങാട് കുഫോസിൽ വൈസ് ചാൻസലർ ഡോ. റിജി ജോൺ നിർവഹിച്ചു.

പള്ളുരുത്തി ബ്ലോക്ക് പഞ്ചായത്ത് പ്രസിഡന്റ് ബേബി തമ്പി അധ്യക്ഷത വഹിച്ചു. ജില്ലാ മെഡിക്കൽ ഓഫീസർ ഡോ. ജയശ്രീ മുഖ്യപ്രഭാഷണം നടത്തി. കുന്ദമം പഞ്ചായത്ത് പ്രസിഡന്റ് കെ.എസ്. രാധാകൃഷ്ണൻ റെഡ് റിബൺ അണിയിക്കൽ ചടങ്ങ് ഉദ്ഘാടനം ചെയ്തു.

ദേശീയ ആരോഗ്യ ദൗത്യം ജില്ലാ പ്രോഗ്രാം മാനേജർ ഡോ. സജിത് ജോൺ പ്രതിജ്ഞ ചൊല്ലിക്കൊടുത്തു. കുഫോസ് റജിസ്ട്രാർ ഡോ. ബി.മനോജ് കുമാർ, ജില്ലാ ടി ബി ആൻഡ് എയ്ഡ്സ് കൺട്രോൾ ഓഫീസർ ഡോ. ശരത് ജി റാവു, ജില്ലാ എജ്യൂക്കേഷൻ മീഡിയ ഓഫീസർ ശ്രീജ, മെറ്റിൽഡ മൈക്കിൾ, കാർമ്മലി, എം.എം. ഫൈസൽ, കെ.പി പ്രദീപൻ, എന്നിവർ പ്രസംഗിച്ചു.

ഉദ്ഘാടനത്തോട് അനുബന്ധിച്ച് ഫ്ലാഷ് മോബ്, സ്കിറ്റ്, തെരുവ് നാടകം, ബോധവൽക്കരണ പോസ്റ്റർ പ്രദർശനം തുടങ്ങിയവ സംഘടിപ്പിച്ചു.

ജില്ലാതല ഫ്ലാഷ് മോബ് മത്സരത്തിൽ എറണാകുളം ഗവ. നഴ്സിങ് സ്കൂൾ, ശുചിന്ദ്ര നഴ്സിങ് കോളജ്, ഗവ. ലോകോളജ് എന്നിവർ ആദ്യ മൂന്ന് സ്ഥാനങ്ങൾ നേടി.



KUFOS NSS volunteers participated in state level volunteers’ leadership Camp

MS. Anisha NA (BFSc 2018 batch) and Ms. Aiswarya A G (BTECH 2018), NSS volunteers of KUFOS participated State NSS volunteers leadership Camp “SADBHAVANA” 2021 held at Sai Gramam ,Thiruvananthapuram from 3 -5 December 202 organized by Kerala State NSS.



Aiswarya AG



Anisha NA

International Women's Day "ATHULYA" 2022


NSS KUFOS celebrated International Womens DAY "ATHULYA" 2022 on March 8 2022. The function was inaugurated by Hon. Vice-chancellor of KUFOS Prof. Dr. Riji John. Felicitation was given by Dr. B. Manoj Kumar, Registrar, KUFOS. Dr. Roslind George (Dean Faculty of Fisheries), Dr. Devika Pillai (Director of Research), Dr. Susamma AP (Director of Planning) and Dr. Anu Gopinath (Assistant Professor) delivered women's day messages. NSS volunteer Anulekshmi S welcome the gathering and Malavika MB expressed Vote of Thanks. The inaugural function was followed by different cultural activities of NSS volunteers.

**INTERNATIONAL
WOMEN'S
DAY**
8 MARCH ♀

**ATHULYA
ATHULYA
2022
2022**

**NSS
KUFOS**

**INTERNATIONAL
WOMEN'S DAY
CELEBRATIONS**
**INTERNATIONAL
WOMEN'S DAY
CELEBRATIONS**



ATHULYA 2022

Welcome Speech
ANULEKSHMI S

**2 PM
SEMINAR HALL**

**Inauguration
Dr. RIJI JOHN
Hon. Vice Chancellor KUFOS**

**Felicitation
Dr. B MANOJ KUMAR
Registrar KUFOS**

Vote of Thanks
MALAVIKA M B

Messages
Dr. ROSALIND GEORGE
Dean Fisheries KUFOS
Dr. DEVIKA PILLAI
Director of Research
Dr. SUSAMMA A P
Director of Planning
Dr. ANU GOPINATH

**CULTURAL
PROGRAMS**

