



QUARTERLY REPORT
ON
ACTIVITIES OF NSS UNIT 01



KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES

Panangad, Kochi

September – December, 2023

QUARTERLY REPORT ON THE ACTIVITIES OF NSS UNIT 01 OF KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES, KOCHI

The volunteers of NSS Unit 01 at KUFOS, Kochi, were involved in a number of activities as detailed below month wise (Sep. to Dec. 2023):

NSS Coordinator : Dr Unnikrishnan Sivan
NSS Unit 01 Program Officer : Dr. Jenny Ann John
Student Co-ordinators : Ms Angel Mary, BTech
Vaishnav, BFSc
Editor : Arya Unni, BTech
Social Media Reporter : Jennifer Thomas

ACTIVITIES IN SEPTEMBER

1. Awareness walk as part of Swachhata Hi Seva 2023, in association with National Highway Authority of India

27 SEPTEMBER, 2023



NSS unit 01 of KUFOS in collaboration with the National Highway Authority of India had conducted an awareness walk through National Highway 66, Madavana as a part of 'Swachhata-pakhwada- Swachhata hi seva 2023' programme on 27th Sep., 2023. "Road cleanliness is a responsibility not an option" was the slogan for the programme. Dr. Unnikrishnan Sivan, NSS Coordinator KUFOS introduced the programme and Dr. Jenny Ann John, Program Officer (Unit 01), rendered the welcome speech. The session was inaugurated by Dr. Dinesh Kaipally, Registrar KUFOS. The programme was graced with the presence of Pradeep

– Project Director NHA1, Sahadevan Nambiar -CEO KATPL, Abhishek -officer from Regional Office NHA1 and Sravan Kumar - Manager Operations KATPL. Pradeep, Project director NHA1 spoke about Road cleanliness and safety. Dr. Athul Krishna, Dr. Jenny Ann John and Dr. Pramila, Program officers, KUFOS graced the occasion with their presence. The walk started from the University Campus which was flagged off by Registrar. The volunteers cleaned the vicinity of the highway and the premises of the campus. The programme that was held for a duration of around 2 hours, ended with the vote of thanks by Dr Pramila, NSS Unit 02 Program Officer.

ACTIVITIES IN OCTOBER

1. Meri Mati-Mera Desh' campaign

11 OCTOBER, 2023



Meri Mati Mera Desh campaign is a tribute to the brave citizens of the nation who have given their lives in the service of the country. Meri Mati Mera Desh” is not just a phrase but an emotion and declaration for the love of the nation that connects to the various roots and history of its rich culture and heritage. The NSS unit of KUFOS also shows their solidarity to this programme on 11th Oct., 2023. The programme started at 8.30am with the NSS anthem, under the leadership of Dr Unnikrishnan Sivan, NSS Coordinator KUFOS. Program Officer Dr. Jenny Ann John was also present at the function. The programme lasted for around 30 minutes. Volunteers collected soil from different parts of the University. Later, the volunteers took the solemn pledge covering the ‘Panch Pran’ demonstrating the commitment to the nation with soil in the hand. Dr. Unnikrishnan Sivan sir rendered the pledge. The soil was then collected in the Amritha Kalash to contribute it to the Amrithavaadika.

2. Aurelia Inter-College Fest of NSS, Bharat Matha College 12-13 OCTOBER, 2023

The NSS volunteers of KUFOS, along with Program Officers, Dr. Jenny Ann John and Dr. Pramila S., participated in the AURELIA Inter-college fest conducted by Bharat Mata College, Thrikkakara. Our NSS volunteers participated in the Treasure Hunt competition, NSS Anthem competition and Best Management team. The Best Management and NSS Anthem teams won the first prize; while the treasure hunter team qualified for the final round (top 12 of 80 teams).



3. NSS ORIENTATION

16 OCTOBER, 2023

The NSS units of KUFOS organized an Orientation programme for the NSS volunteers of the University on 16 October 2023 at 4 PM. The programme started with the NSS prayer. The orientation class was taken by Dr. Aparna Lakshmanan S, former Programme Officer, CUSAT. She gave a clear picture to the new comers about the origin, motto, and functioning of NSS. She also shared her NSS experience which was very inspiring to the students. The programme ended with vote of thanks by Dr Athul Krishna, Programme Officer KUFOS (One hour duration).



4. UTS App Awareness Campaign Ernakulam South Railway Station 18 OCTOBER 2023



The UTS app (Unreserved Ticketing System), has been developed by the Centre for Railway Information Systems (CRIS), through which passengers can book unreserved tickets online. To support UTS on mobile app, the NSS units of KUFOS underwent UTS App training at Ernakulam South Railway station as different batches. They further conducted an awareness session regarding the UTS mobile ticketing app at Ernakulam South Railway Station on 18 October 2023.

The NSS volunteers explained about the uses and efficiency of the App among the passengers who were present at the station. The printed media and the social media page of Southern Railway carried detailed reports on this awareness session. The program was conducted under the leadership of Dr Unnikrishnan Sivan (NSS Coordinator KUFOS). This is a recurring programme for the volunteers usually of 2 hours duration.

ACTIVITIES IN NOVEMBER

1. 'Kerala Piravi' Celebration

1 NOVEMBER, 2023

November 1 is celebrated as 'Kerala Piravi' to commemorate the birth of Kerala as an independent State in the Republic of India on November 1, 1956. The NSS volunteers of KUFOS celebrated 'Kerala Piravi' by conducting a quiz for the staffs, non staffs, teachers and students on the day, from 1:00-2:30pm (1.5 hrs). Praveen Joseph and Fazal Rahman from General Administration won the first prize. Prize were distributed to the winners. hel



2. Haritha Sabha at Panangad School

14 NOVEMBER, 2023

The NSS volunteers of KUFOS take part in the Haritha Sabha meeting conducted by Kumbalam Grama Panchayat at VHSS, Panangadu from 2:00-4:30pm. Students of various schools and panchayat members presented reports on waste management. Kumari Saradha and Saniya

presented the report on waste management at KUFOS. The students were awarded with certificates for their valuable presence at the programme.



3. NSS Freshers day

16 NOVEMBER, 2023

One of the most awaited event of the University that every student eagerly looks forward to, right from their time of admission is the “FRESHER’S PARTY”. The programme started at 3:00pm at the University Seminar Hall with NSS anthem. This was a 3 hours programme. Ms. Angel Mary (BTech NSS volunteer) delivered the welcome speech. Dr Unnikrishnan Sivan, NSS Coordinator KUFOS inaugurated the programme. Dr.Jenny John, Dr. Athul Krishna and Dr Prameela S., Programme officers felicitated the event. Ms. Jemimah Reena (BTech NSS volunteer) took an NSS orientation class for freshers and Ms Anulekshmi (BFSc NSS volunteer) presented the past NSS programmes and activities. Later it was time for cultural programmes. The dance floor was left open for some unbridled energy. Joy and happiness could be seen among students of each and every course at the college. It was the day where seniors and juniors finally bonded and united to celebrate





4. Waste Management Survey / Video

23 NOVEMBER, 2023

The NSS unit Unit 01 volunteers of KUFOS conducted a survey on the waste management at the University and submitted the report to the University Registrar. This was a 3 hours programme held in the afternoon. The NSS unit 01 was divided into 5 groups to cover different areas of the University. The study involved interaction with people directly associated with this process, by which a clear understanding of the technical and management aspect of the entire process could be obtained. The survey provided a substantial amount of raw data regarding the amount and types of waste generated, labour, cost and other related aspects. Appropriate suggestions and justifications had been put forth to improve the efficiency of the system. Waste management videos were also created by students to be used in future workshops.



5. UTS APP TRAINING

23 NOVEMBER, 2023

The follow-up of UTS app (Unreserved Ticketing System), training was continued by Ernakulam Southern Railway station for the NSS Unit volunteers of KUFOS as different batches. The volunteers conducted an awareness session regarding the UTS mobile ticketing app at

Ernakulam South Railway Station on 23rd Nov., 2023. The NSS volunteers explained about the uses and efficiency of the App to passengers who were present at the station.

6. SEXUAL HARASSMENT AT WORKPLACE PREVENTION WEEK 25 NOVEMBER-10 DECEMBER, 2023

International Day for the Elimination of Violence Against Women is a period of 16 Days of Activism against Gender-Based Violence which is observed from the 25th of November to the 10th of December to increase the public awareness of the adverse impacts of violence against women on one's health and society and to reaffirm the commitment of working together inclusively. As a part of this, the NSS Unit 01 of KUFOS prepared a poster under the leadership of Ms Soorya Haridasan, BTech student, and exhibited it at the University campus. Students were allowed to express their thoughts on this on a separate chart placed near it.



ACTIVITIES IN DECEMBER

1. WORLD AIDS DAY

1 DECEMBER, 2023

Kerala University of Fisheries and Ocean Studies celebrated world AIDS day under the leadership of NSS volunteers. The programme was led by Dr. Unnikrishnan Sivan, NSS Coordinator KUFOS. The programme comprised of a series of events which focused on providing the society with knowledge of HIV-AIDS and reducing its stigma from society.

Unit 01 NSS volunteers organized the Poster competition on November 31 on the topic 'Let the communities lead', under the guidance of Program Officer, Dr Jenny Ann John and coordinated by students, Jennifer Thomas, Aadithyan Alappat, Krishna and Manasi. This was a 1-hour programme. Ms Soorya Haridasan won the prize for the poster competition.



2. UTS APP TRAINING

7 DECEMBER, 2023

The follow-up of UTS app (Unreserved Ticketing System), training was continued by Ernakulam Southern Railway station for the NSS Unit volunteers of KUFOS as different batches. The volunteers conducted an awareness session regarding the UTS mobile ticketing app at Ernakulam South Railway Station on 7th Dec., 2023. The NSS volunteers explained about the uses and efficiency of the App to who were present at the station.



QUARTERLY REPORT
ON
ACTIVITIES OF NSS UNIT 01
(KUFOS HQR and PAYYANUR CAMPUS)



KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES

Panangad, Kochi

January – March, 2024

QUARTERLY REPORT ON THE ACTIVITIES OF NSS UNIT 01 OF KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES, KOCHI

The volunteers of NSS Unit 01 at KUFOS, Kochi, were involved in a number of activities as detailed below month wise (Jan to March, 2024):

NSS Coordinator : Dr Unnikrishnan Sivan
NSS Unit 01 Program Officer
KUFOS HQR : Dr. Jenny Ann John
Payyanur Campus : Ms Nandana U S
Student Co-ordinators : Ms Angel Mary, BTech
Vaishnav, BFSc
Safiya Beegom, BFSc

<u>Monthly Activities of KUFOS NSS Unit 01</u>	<u>Pages</u>
<u>Activities in January, 2024</u>	
1. UTS App training, Payyannur Campus	3 - 4
2. International Day of Education and National Girl Child Day	
<u>Activities in February, 2024</u>	
1. YUVA SAMVAD Programme	
2. UTS App Training, Main Campus	4 - 17
3. Campus cleaning, KUFOS Payyanur Campus	
4. Pulwama remembrance day	
5. Voter Awareness and Enrollment Programme	
6. Voter Education and Awareness Programme, Payyanur Campus	
7. Orientation session with Hidden Voices	
<u>Activities in March, 2024</u>	
1. International Women's Day	18 - 20
2. World Water Day	
-KUFOS HQR	
-Payyanur Campus	

ACTIVITIES IN JANUARY

1. UTS App training, KUFOS NSS Unit 01, Payyannur

19 JANUARY, 2024



The UTS app (Unreserved Ticketing System), has been developed by the Centre for Railway Information Systems (CRIS), through which passengers can book unreserved tickets online. This app has five types of ticket booking such as Normal (Travel paperless or else print the copy & then travel), Quick, Platform, Seasonal & QR Code Booking. The NSS Unit 1 of College of fisheries, Payyanur conducted a training programme regarding the UTS mobile ticketing app to the BFSc batch 2023 students of College of Fisheries, Payyanur on 19 January, 2024.

The NSS volunteers gave the on-campus students an explanation of the apps functionality and effectiveness. Further, volunteers explained the uses and efficiency of this user friendly app to the students. The program was conducted under the leadership of Ms. Nandana U S (NSS Program Officer, CoF, Payyanur). The duration of the programme was 2 hours.

2. International Day of Education and National Girl Child Day.

24 JANUARY, 2024

The NSS unit of College of Fisheries, Payyanur conducted an awareness programme among the students of Government Girls HSS, Payyanur in relation with the International Day of Education and National Girl Child Day. The programme did start with an introductory speech by the NSS coordinator Ms. Nandana U S. The members of the unit did organize a drama on the importance of girl child education. There was a speech on the theme “Learning for lasting peace” and a quiz

on the topic education was conducted among the students. A brief explanation about the fisheries course was also done by the members of NSS unit. The duration of the programme was 2 hours and it ended with a vote of thanks.



ACTIVITIES IN FEBRUARY

1. YUVA SAMVAD Programme

2 FEBRUARY, 2024

KUFOS NSS unit 01of Kerala University of Fisheries and Ocean Studies organized 'YUVA SAMVAD-INDIA@2047'programme on 2nd Feb 2024, at the Seminar Hall, KUFOS, Kochi. This full-day event was conducted in association with the Ministry of Youth Affairs and Sports, Govt. of India as a platform for the youth from different Universities and colleges to share their dreams and aspirations for the future of India. The programme was attended byNSS volunteers and faculty from KUFOS, along with participants from other colleges. YUVA SAMVAD-KUFOS was one of the three Unit-level competitions planned in Ernakulam district. **The Keynote Speaker and Youth Icon** for the event was **Ms Tiffany Brar**, a Special Educator and social

activist who runs a blind school, Jyothirgamaya at Thiruvananthapuram. She is also a National Award winner from the President of India for the Best Role Model and a recipient of the Nari Shakti Puraskar, the highest civilian honour for women in India. **The Guest of Honour was Dr. S. Lekshmi**, NSS Program Officer and Head of the Department of Physics at SD College, Alappuzha. She was the recipient of the Best NSS Programme Officer Award instituted by the Union Ministry of Youth Affairs and Sports for the year 2021-22. The **Panelists** for the event were **Mr Jobin George**, NSS Ernakulam District Coordinator, MG University, Kottayam and **Mr. Gopi Krishna K.**, University level Best NSS Volunteer Awardee. Mr. Santhosh PN, Regional Director for Kerala and Lakshadweep facilitated the function (online). Dr Jenny Ann John, Programme Officer, KUFOS NSS Unit 01, proposed the vote of thanks.

The inauguration ceremony was held at 10:00 AM and began with the NSS Theme Song. Dr. Unnikrishnan Sivan, NSS Co-ordinator, KUFOS, delivered the welcome address and introduced and explained the **PANCH PRAN and India's dream of Viksit Bharath@2047**, which was followed by the lighting of the lamp by the dignitaries. The Guest of Honour, Dr. S. Lekshmi delivered the inaugural address. She shared her experience as a Programme Officer and instilled in the participants a sense of passion towards social work and commitment to the society through her own life story. This was followed by the Invited talk of the day by Ms Tiffany Brar. Despite being blind herself, the extent to which Ms Brar goes to make a change in society was an eye-opener and inspiration to the young participants. Mr Jobin George spoke to the students about their crucial role as NSS volunteers in society and as key players in bringing the nation to the forefront. Mr Gopi Krishna K. also shared with the participants his experience as an NSS volunteer and encouraged them as every small contribution can go a long way in making a positive change.

The Inter-Collegiate Debate and Elocution Competitions were held in the afternoon. Around 30 students from 10 different colleges participated in the competitions and 120 NSS volunteers from The KUFOS NSS cell were present as delegates. The topic for the elocution competition was **'Role of youth in achieving Viksit Bharath@2047'**. The debate competition had 3 rounds with different topics to finally select the winners. Both competitions were excellent platforms for the youth to express their ideas, dream and aspirations for the nation. The winners are listed below:

Inter-Collegiate Elocution Competition Winners:

1st Prize: Ms Avani Krishna P S, Maharajas College, Ernakulam

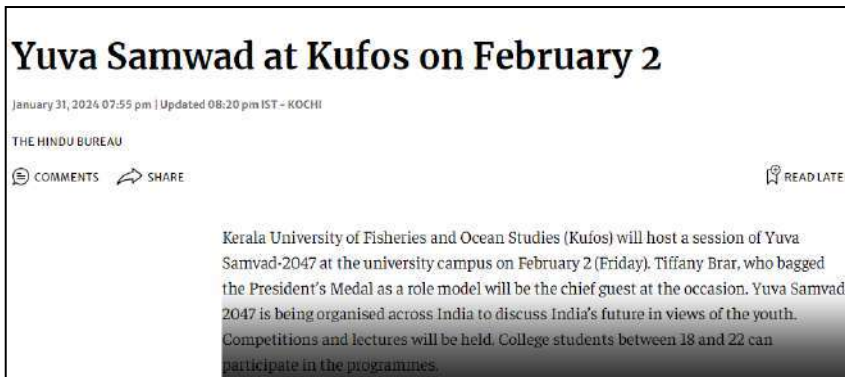
2nd Prize: Ms Saniya P. Sunny, KUFOS, Ernakulam

Inter-Collegiate Debate Competition Winners:

1st Prize:Neha Simin and Fathima Mehrin, Sacred Heart College, Thevara

2nd Prize: Aswin Anil and Thara CV, Government Law College, Ernakulam

The valedictory function and award distribution was held at 4pm in the presence of the **Hon. Vice Chancellor of KUFOS, Dr Pradeepkumar T. and Registrar, Dr. K. Dinesh.** The winner of the elocution competition, Ms Avani Krishna presented her elocution speech in the presence of the dignitaries. All the winners were presented with the book 'Modi @20: Dreams meet Delivery', in addition to the certificate and trophy. The event was successfully conducted and much appreciated by all participants.



News clipping in The Hindu newspaper, Jan 31, 2024



കുഫോസിൽ 'യുവ സംവാദ്' വെള്ളിയാഴ്ച

പനങ്ങാട് • കേരള ഫിഷറീസ് സമുദ്രപഠന സർവകലാശാല എൻ.എസ്.എസ്. യൂണിറ്റ് സംഘടിപ്പിക്കുന്ന യുവസംവാദ് -2047 പരിപാടി വെള്ളിയാഴ്ച നടക്കും.

ഇന്ത്യയുടെ ഭാവിയെ കുറിച്ച് ചുറ്റുമുള്ള യുവജനന്മാരുടെ കാഴ്ചപ്പാടുകളും സ്വപ്നങ്ങളും വിദ്യാർത്ഥികൾ അവതരിപ്പിക്കുന്നതാണ് പരിപാടി. ഇതിന്റെ ഭാഗമായി സംവാദ മത്സരങ്ങളും പ്രദർശനങ്ങളും ഉണ്ടാകും.

എല്ലാ കോളേജുകളിലെയും 18-22 വയസ്സിനടിയിലുള്ള വിദ്യാർത്ഥികൾക്ക് പങ്കെടുക്കാം.

8921181551, 8281981099 എന്നീ നമ്പറുകളിൽ ബുധനാഴ്ച 5 വരെ രജിസ്റ്റർ ചെയ്യാം.

31/01/2024
ERNAKULAM Pg 11



Sir/ Madam,
 The NSS Unit 01, KUFOS, is organizing 'YUVA SAMVAD-INDIA@2047" programme, on 2ndFeb, 2024, at the University Seminar Hall , KUFOS, Panangad, Kochi. The event will be a platform for the youth to share their dreams and aspirations for the future of India. Intercollege elocution and debate competitions will be held based on the theme.

The Keynote Speaker for the day will be Ms Tiffany Brar, who is also a recipient of The President's Award for the Best Role Model. The Guest of Honour will be Dr. S. Lekshmi, who is also a National Award winner for the best NSS Program Officer.

On behalf of the KUFOS NSS CELL, we cordially invite you to participate in the event and make the program a success.

ORGANIZING COMMITTEE



**YOUTH ICON
 TIFFANY BRAR**

NATIONAL AWARDEE FROM THE PRESIDENT OF INDIA FOR BEST ROLE MODEL, NARI SHAKTI PURASKAR , THE HIGHEST CIVILIAN HONOUR FOR WOMAN IN INDIA FROM THE PRESIDENT OF INDIA



**GUEST OF HONOUR
 DR S. LEKSHMI**

NATIONAL AWARDEE FROM THE PRESIDENT OF INDIA FOR THE BEST NSS PROGRAMME OFFICER 2022

PANELISTS



MR. JOBIN GEORGE
 NSS ERNAKULAM DISTRICT COORDINATOR
 MG UNIVERSITY KOTTAYAM



MR. GOPI KRISHNAN K
 UNIVERSITY LEVEL BEST NSS VOLUNTEER AWARDEE

INSTRUCTIONS

DEBATE

- TOPIC OF THE DEBATE SHALL BE ANNOUNCED 24 HOURS IN ADVANCE.
- EACH TEAM SHALL HAVE TWO PARTICIPANTS, ONE TEAM SPEAK "FOR" WHILE THE OTHER TEAM WILL SPEAK "AGAINST" THE PROPOSITION.
- MEDIUM OF EXPRESSION SHALL BE MALAYALAM
- EACH DEBATER SHALL BE ALLOWED TO SPEAK FOR A MAXIMUM OF FIVE MINUTES.
- ANY FORM OF WRITTEN MATTER AS AID SHALL NOT BE ALLOWED. VIOLATION SHALL BE LIABLE FOR DISQUALIFICATION
- JUDGEMENT WILL BE BASED ON QUALITIES LIKE COVERAGE, LANGUAGE, DICTION AND GENERAL IMPRESSION
- THE PARTICIPANTS MUST BE BETWEEN THE AGE OF 18 TO 22

ELOCUTION

- TOPIC FOR THE ELOCUTION IS "ROLE OF YOUTH IN ACHIEVING VIKSIT BHARATH @2047"
- MEDIUM OF EXPRESSION SHALL BE MALAYALAM
- EACH SPEAKER SHALL BE ALLOWED TO SPEAK FOR A MAXIMUM OF FIVE MINUTES.
- ANY FORM OF WRITTEN MATTER AS AID SHALL NOT BE ALLOWED.
- VIOLATION SHALL BE LIABLE FOR DISQUALIFICATION
- JUDGEMENT WILL BE BASED ON QUALITIES LIKE SUBJECT COVERAGE, LANGUAGE, DICTION AND GENERAL IMPRESSION.



KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES



**YUVA SAMVAD
 INDIA @2047**

ORGANIZED BY NSS UNIT 01

THEME : "INDIA'S PANCH PRAN- A YOUTH DIALOGUE"

FOR FURTHER DETAILS

- 89211 81551
- 82819 81099
- 81291 14350

LAST DATE FOR REGISTRATION
 30 JANUARY 2024

'FIRST-COME, FIRST-SERVE'



PLEASE SCAN FOR REGISTRATION

WINNERS WILL BE AWARDED WITH CERTIFICATE AND EXCITING PRIZES



2nd FEBRUARY
 2024



KUFOS
 HEADQUARTERS



9.30AM to 4.30 PM

BROCHURE



The Keynote Speaker and Youth Icon for the event, Ms Tiffany Brar, addressing the participants. Dignitaries Dr. S. Lekshmi, Mr. Jobin George and Mr. Gopi Krishnan K. also seen on stage



Hon. Vice Chancellor of KUFOS, Dr. Pradeepkumar T. presenting the award to the winner of Inter-Collegiate elocution competition, Ms Avani Krishna P S, Maharajas College, Ernakulam.



Hon. Vice Chancellor of KUFOS, Dr. Pradeepkumar T. presenting the award to the winners of Inter-Collegiate debate competition,SH College, Ernakulam.



Valedictory Function:
 Hon. Vice Chancellor of KUFOS,
 Dr. Pradeepkumar T. addressing the
 participant. Registrar, Dr. K. Dinesh
 and NSS Co-ordinator, Dr.
 Unnikrishnan Sivan seen on stage.



A section of the audience at the programme

2. UTS App Training
8 FEBRUARY, 2024

The follow-up of UTS app (Unreserved Ticketing System), training was continued by Ernakulam Southern Railway station for the NSS Unit volunteers of KUFOS as different batches. The volunteers conducted an awareness session regarding the UTS mobile ticketing app at Ernakulam South Railway Station on 8th Feb., 2024. The NSS volunteers explained about the uses and efficiency of the App to who were present at the station.

3. Campus Cleaning, KUFOS Payyanur Campus

13 FEBRUARY, 2024



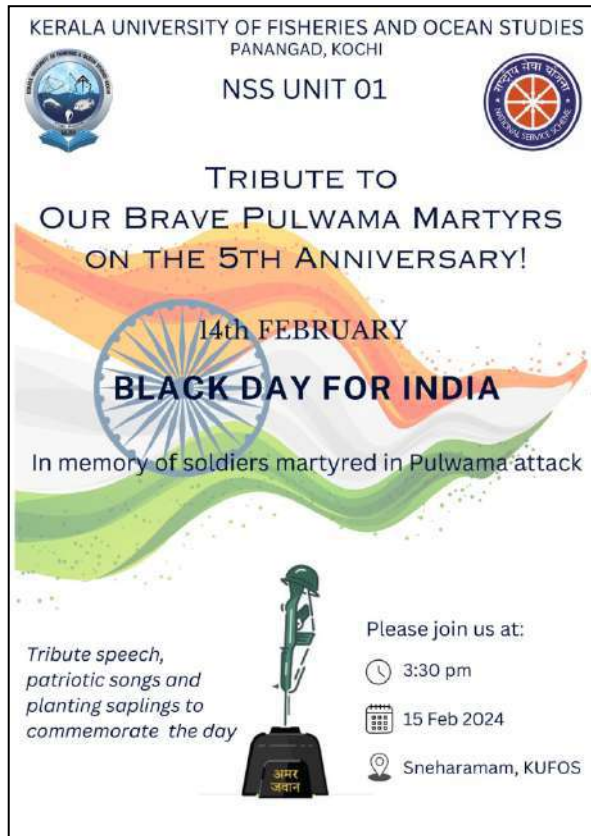
In connection with the first College Day celebration of College of Fisheries Payyanur, the NSS unit of the College did conduct a campus cleaning. The NSS volunteers gathered to clean the surroundings of the buildings in the campus. NSS volunteers enthusiastically collected plastic wastes, tea cups, weed plants, and dry leaves spread over the surrounding areas. The local news channel did feature the volunteer's efforts to clean the campus under the guidance of the NSS Coordinator Ms. Nandana.U.S. The activity took place from 3pm to 5pm.

4. Pulwama Remembrance Day

14 FEBRUARY, 2024

On the 5th anniversary of the Pulwama attack, commemorating the martyrs is both a solemn duty and an opportunity for reflection. The Pulwama attack is a stark reminder of the sacrifices made by Security Forces in their unwavering commitment in safeguarding the nation. The KUFOS NSS Unit 01 marked the day with a solemn pledge to continue the pursuit of a world

free from the scourge of terrorism. The programme was attended by Dr. Unnikrishnan Sivan, NSS Co-ordinator, KUFOS, Dr Jenny Ann John, Program Officer, KUFOS NSS Unit 01 and volunteers of all three units of KUFOS NSS. The programme started at 3:30pm at Sneharamam with the NSS anthem; followed by a patriotic song, 'Aye watan, watan'. NSS volunteers, Arya Unni and Jinikrishna delivered the tribute speech commemorating the martyrdom of the jawans. Both the Coordinator and Program Officer encouraged students to always be patriotic and contribute to the nation in their own capacity. A jackfruit sapling was also planted by Dr. Unnikrishnan Sivan in memory of the jawans.



Fruit sapling planted on the occasion





5. Voter Awareness and Enrollment Programme 22 FEBRUARY, 2024

KUFOS NSS unit 01 of Kerala University of Fisheries and Ocean Studies NSS organized a Voter Awareness and Enrollment programme in the University campus from 3-6 pm on 22nd Feb, 2024. NSS Program Officers, volunteers, students & faculty members participated in the event in the Seminar Hall. Dr. Unnikrishnan Sivan, NSS Co-ordinator, KUFOS, delivered the welcome address. Ernakulam Assistant Collector, Shri. Nishant Sihara I.A.S. inaugurated the program. In his augural address, the Assistant Collector not only encouraged the youth to participate in the electoral process, but also focused on the 'right to vote' as a basic right. Further, in the interactive session, he answered all the queries of students regarding the electoral process, voting and even on preparing for competitive exams. The programme that

was held for a duration of around 1 hour, ended with the vote of thanks by Dr Jenny Ann John, NSS Unit 01 Program Officer.

NSS volunteers also participated in a flash mob to deliver the message of the importance of voting to all in the campus. Further, the Cycle rally and Awareness walk through National Highway 66, Madavana was flagged off by the Hon. Vice Chancellor of KUFOS, Dr Pradeepkumar T. The event ended with a voter enrollment session that was handled by 3 NSS volunteers, Jaseel Jaleel V.A., Anagha B. Krishna and Shahana M.A., who were trained for enrollment at the Collectorate Office, Kakkanad. Students who were not yet enrolled on the voter's list were enrolled and were given an orientation about the online procedures. In addition, Unit 01 was also actively involved in circulating online pamphlets and brochures in social media, with details about voting and its importance.



Logo of KUFOS, NSS, SWEEP, and other organizations. Text: KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES PANANGAD, KOCHI NATIONAL SERVICE SCHEME Unit 01 VOTER AWARENESS PROGRAM

- Inauguration and talk by Mr. Nishant Sihara IAS
- Voters enrollment campaign
- Flash mob
- Cycle rally



MR. NISHANT SIHARA IAS
Assistant Collector
Ernakulam

22 Feb 2024 | 3:00 pm - 6:00 pm
📍 Seminar Hall, Admin Block, KUFOS



Logo of KUFOS, NSS, SWEEP, and other organizations. Text: KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES PANANGAD, KOCHI NATIONAL SERVICE SCHEME UNIT 01 VOTER ENROLLMENT

DOCUMENTS NEEDED

- ID proof of applicant
- Voters ID number of either of the parent
- Passport size photo with white background (maximum 2mb jpg or jpeg)
- Proof of residence self attested (maximum size 2mb)

📅 22 Feb 2024
🕒 3:00 pm - 6:00 pm
📍 Seminar Hall, Admin Block KUFOS



NSS volunteers with Sri Nishanth Sihara, IAS, Assistant Collector, Ernakulam at the Voter Awareness and Enrollment Program at KUFOS, Kochi on 22nd Feb, 2024

Glimpses from the program:



Cycle Rally and Awareness Walk as part of Voters Awareness Campaign



Flash mob as part of Voters Awareness programme

6. Voter Education and Awareness Programme, Payyanur Campus

27 FEBRUARY, 2024



In relation with the upcoming elections, the NSS unit of College of Fisheries, Payyanur did organize a voter education and awareness program. The program started with the welcome address by Officer-in-charge Dr. Arun S and invited talks of Mr. Rajesh V, Senior Clerk, Taluk Office Payyanur and Mr. Harish Kumar K T P, Clerk, Taluk Office Payyanur. They did spread awareness about the necessity of voting and to encourage the young generation towards voting rights. They did explain about the procedures of registering for Voter ID. The NSS volunteers and other students of the college were benefited from this. The program did finish with the vote of thanks and it took place in the Conference Hall from 3pm to 5pm.

7. Orientation session with Hidden Voices

29 FEBRUARY, 2024

'Hidden Voices' is a registered NGO that mainly coordinates activities to ensure that books are accessible to the visually impaired. The founder, Ms Devi Krishna and Director, Ms Mytri Rajdev spearhead the activities of the organization. The main objective is to bring together volunteers who can spare time to read and record audio books that can be shared and used by the visually impaired. This can be done using the volunteers mobile app and in the comfort of their space or home. KUFOS NSS Unit 01 organized an orientation session with the founders of 'Hidden Voices' on 29th Feb, 2024 at 3:30 pm. The interactive session cleared the doubts of the volunteers and helped them understand how to involve in different ways. A volunteering certificate would be provided to all those who complete 150 hours with the organization. The session was attended by all interested volunteers of the KUFOS NSS Units.



KERALA UNIVERSITY OF FISHERIES AND OCEAN STUDIES
PANANGAD, KOCHI

NATIONAL SERVICE SCHEME UNIT 01

is organising
An Orientation Session with the Founders of
HIDDEN VOICES

An NGO: Making books accessible to the visually impaired

Devi Krishna
Founder

Mytri Rajdev
Director

- Are you a person who likes to read?
- How would it feel to know that the books you read will bring joy to visually impaired friends around the world?
- Do you know that you can create audio books in the comfort of your home/space?

Join us for this special session!
Be a volunteer to pave the path

29 FEB 2024 | 3:30 pm
ROOM NO. 321, Academic Block

KUFOS NSS volunteers with founders of 'Hidden Voices'



ACTIVITIES IN MARCH

1. International Women's Day

8 MARCH, 2024

Women's day is celebrated worldwide on March 8th to celebrate women's achievements, raise awareness about discrimination and to create a gender-equal world. This year's theme was 'Let's Inspire Inclusion' KUFOS NSS Unit 01 designed and set up a poster with strong captions on the occasion. This was to raise awareness in the campus and inspire other to understand and value women's inclusion.

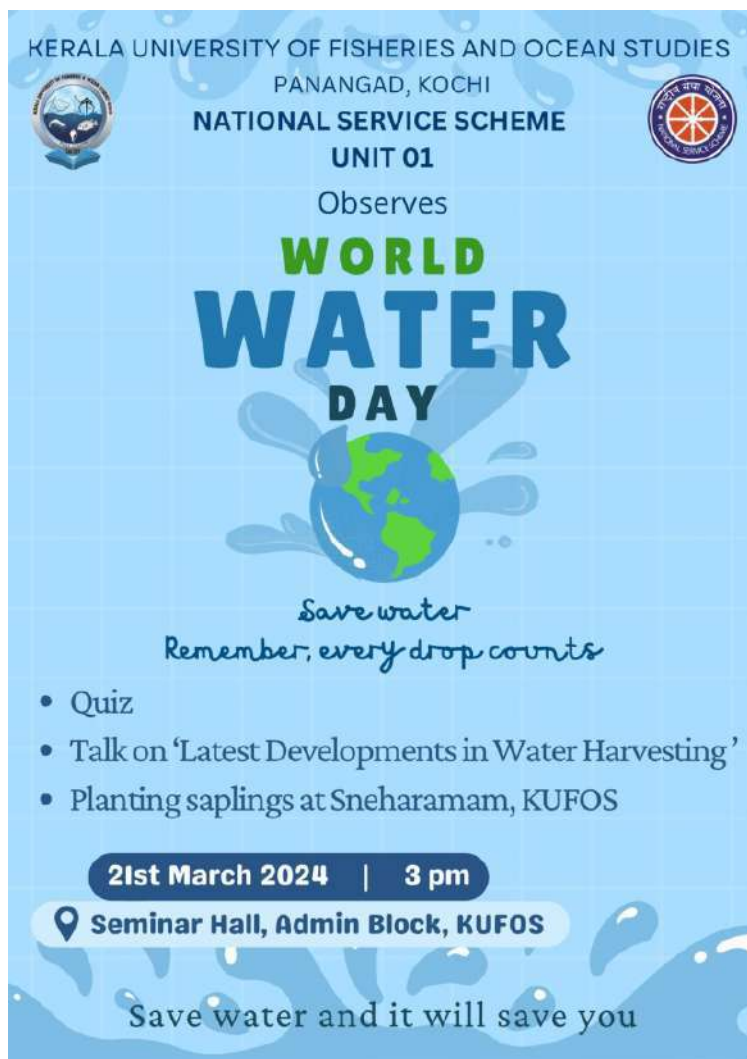


2. World Water Day

21 MARCH, 2024

World Water Day is observed annually on 22nd March, 2024, to focus attention on the importance of freshwater and advocating for sustainable management of fresh water resources. The theme for 2024 was 'Water for peace'. On the eve of the occasion, NSS KFOS Unit 01 organised a quiz competition, followed by a talk session about the topic "Latest developments in water harvesting"

The program conducted at the Seminar hall started by 3pm. The program started with NSS anthem. Volunteers gave a brief introduction about the World Water day. NSS volunteers, Anagha and Ashitha co-ordinated the quiz competition, where the Quiz masters asked informative questions related to the topic. The talk on the topic “Latest developments in water harvesting “ was delivered by volunteers, Angel Mary and Diya Fathima. Plastic eating bacteria, alternative packagings for water, cloud seeding, harvesting water from ocean atmosphere, among others, were some of the latest research areas highlighted by the volunteers. Volunteers also planted saplings at the Sneharamam as part of the World Water Day programe.





3. World Water Day Awareness Program, Payyanur Campus

22 March, 2024



World Water Day is an annual UN observance day on 22 March. World Water Day does remind people about the significance of how to manage water in the future. Under the aegis of the NSS unit of College of Fisheries Payyanur, the college commemorated World Water Day on 22 March 2024, centered around the theme 'Water for Peace' at the college seminar hall. The event was attended by the volunteers and teachers. In accordance with the day's commemoration, a face painting competition on the theme 'Water for Peace' and a debate was held on the topic 'Is it mandatory to celebrate Water Day' in institutions. The volunteers did actively participate and it was held for two hours.

KUFOS NSS UNIT -02

REPORT ON THE ACTIVITIES DURING SEPTEMBER 22 TO DECEMBER 22

SWACHHATA-PAKHAWADA-SWACHHATA HI SEVA-27-09-23

NSS Unit of Kerala University of Fisheries and Ocean Studies observed cleanliness campaign as part of the Swachhata Pakhwada- Swachhata Hi Seva-2023. Nationwide this campaign was observed from 15th September to 2nd October to ensure people's participation in waste disposal. As part of this, volunteers under NSS Unit -02 took part in two activities on 27-09-2023. An awareness walk of volunteers carrying suitable placards/slogans in association with the National Highway Authority of India was first one. The walk was held in the service road in front of the University administrative and north east campuses. The Programme was led by Dr. Athul Krishna, and started with the welcome speech by Dr. Jenny John. Mr. Pradeep, Project Director, NHA addresses the gathering. The official flag off was done by Registrar, Dr. Dinesh K. The staff of NHA attended the concluding session and vote of thanks was offered by Dr. Pramila. The walk was followed by a cleanliness session of one hour each conducted with the assistance of Southern Railway. The volunteers actively took part in cleaning the premises of Kumbalam and Thirunnettoor Railway Stations.



PARTICIPATION IN “AURELIA” AT BHARAT MATA COLLEGE TO (12-13 OCTOBER, 2023)

The NSS volunteers participated in event “AURELIA” hosted by Bharat Mata College on 12-10-2023 and 13-10-2023 and were accompanied by Dr. Jenny John and Dr. Pramila. Our volunteers participated in various competitions including treasure hunt, recitation of NSS anthem, and best management team. They secured the first prize in “best management team” and second prize in NSS anthem recitation. The participants were awarded with certificates.



MERI MAATI MERA DESH

19 October 2023

NSS units of KUFOS participated in the “Meri maati mera desh” (MMMD) campaign, which was launched nationwide to pay tributes to the martyres who laid down their lives for the country. It was held on 19-10-2023. The volunteers collected soil from the university premises in mud pots at 8.30am under the leadership of Dr. Unnikrishnan Sivan, NSS Coordinator, KUFOS. The

programme gives us the reminder that our duty goes beyond mere ownership. The collected soil pots were later handed over to Kumbalam and Chellanam Panchayat officials. The contents were emptied to the pots brought to the KUFOS campus as part of the “Amrit Kalash Yatra”.



NSS ORIENTATION PROGRAMME - 16 October 2023

An Orientation programme was conducted at the KUFOS seminar hall with the slogan “Let’s Inspire change, one step at a time!”. An invited talk was delivered by Dr. Aparna Lakshmanan S, NSS program officer and Associate Professor, CUSAT. The speaker very efficiently imparted knowledge on the basic principles of NSS and awareness on community service.

UTS APPLICATION TRAINING 20 October 2023

Fifteen of our NSS volunteers participated in “trainers” training on IRCTC UTS App, designed for instilling digital awareness in passengers for hassle free train journey, at Ernakulam south railway at 2 pm on 20-10-2023. Video on our participation in the programme was shared by Southern Railway Trivandrum division in their Facebook page.



20 November 2023

The next session of UTS App training also was conducted at south railway station and the team was led by Dr. Athul Krishna, Programm officer. The volunteers interacted with Roop Narayan Sunker (Membrane infrastructure, Railway GOVT. of India), S M Sharma (Divisional railway manager) on the app.



KERALEEYAM

01 November 2023

As a part of Kerala Piravi, “Keraleeyam Quiz” was conducted by NSS units with the participation of students of various batches and the staff. Prizes were distributed to the winners.



ORPHANAGE VISIT

13 November 2023

On behalf of World Kindness Day, our 20 NSS volunteers conducted an orphanage visit with the motto of “Spreading Smiles and Kindness” at Mathruchaya Balabhavan, Kalady. The volunteers had an interactive session with the kids. Study aids, small gifts and sweets, were offered to the inmates. The volunteers were accompanied by Dr. Unnikrishnan Sivan, NSS coordinator KUFOS.



HARITHA SABHA

November 2023

A total of 21 volunteers of NSS KUFOS addressed the importance of waste management and presented a report at the “Haritha Sabha” conducted by Kumbalam Panchayat at Panangad High School. The volunteers were accompanied by Dr. Jenny John and Dr. Athul Krishna.



FRESHERS DAY

16 November 2023

NSS KUFOS Unit conducted a fresher’s program for welcoming new volunteers of NSS. The program started at 3 pm which included both games and performances by volunteers.



WORLD AIDS DAY CELEBRATION

01 December 2023

KUFOS NSS volunteers observed the “WORLD AIDS DAY” led by Dr. Unnikrishnan Sivan, NSS coordinator KUFOS.

The program started at 8:30 am with the distribution of pamphlets and red ribbons to Registrar, staff and students. An awareness program was conducted by Savitha Sheno, cluster program officer, Kerala State Aids Control Society (KSACS). She delivered a lecture on AIDS awareness for the students and answered their queries. A concluding speech was given by Dr. Pramila S, programme officer NSS.

A candle light march was conducted at 6 pm in the campus and in the service road in front of the KUFOS campus under the supervision of Dr. Athul Krishna and Dr. Pramila S, Programme Officers. The volunteers participated in the march holding candles and flashlights and distributed leaflets on AIDS awareness and spreading this years official slogan, ‘Let communities lead’.



NSSREPORT-UNIT02

REPORT ON THE ACTIVITIES DURING 23rd DECEMBER 2023 to 25th MARCH, 2024

NSSSPECIALCAMP -22-28 DECEMBER

22 December 2023

The seven day residential camp of NSS KUFOS unit started on 22-12-2023. The camp was inaugurated by the Honourable ViceChancellor, in the presence of President, Kumbalam Panchayath. Twelve volunteers from Unit 02 participated in the special camp, The camp was held in the KUFOS main campus itself. The camp was planned with the primary aim of assisting the panchayath authorities for fixation of building tax and also for creating a garden space (sneharamam) in the University campus.



Day2

23December2023

The volunteers collected data required for building tax measurements and interacted with the community through a survey. A seminar on 'Substance abuse among students' was conducted. They collected plants from various sources and started working on the garden (sneharamam)



Day3

24 December2024

The volunteers continued with the survey in Kumbalam Gramapanchayath. An assembly was also held followed by exercises. A seminar was conducted on the topic "Success secrets of high achievers". The volunteers continued working on 'sneharamam' garden.



Day 4

25 December 2024

An assembly was held. Later volunteer and program officers celebrated Christmas by making crib, and cutting cake. This was followed by Christmas carol and cultural events.



Day 5

26 December 2024

The volunteers conducted seminar on 'Importance of self esteem among youth'. They worked on 'sneharamam' and concluded the day with a camp fire.



Day 6

27 December 2023

The volunteers went on an excursion to Illithode, near Kothamangalam and Naadukani view point. The students also continued to work in sneharamam and watered the plants in the garden.



Day 7

28 December 2023

The students completed the initial work in 'Sneharamam' to set up a garden. The special camp was concluded with camp summary.



ROAD SAFETY AWARENESS

16 January 2024

Eleven volunteers from NSS unit 02 participated in the road safety week activities organized by unit 3. This was held at Forum mall, Maradu in association with the district administration, Nehru Yuva Kendra, Motor Vehicles Department and other agencies. The volunteers distributed pamphlets on road safety and interacted with the public to spread awareness on road safety.



Ernakulam, Kerala, India
 868+6X4, Madavana, Panangad, Ernakulam, Kochi, Kerala 682506, India
 Lat 9.910517°
 Long 76.317256°
 16/01/24 04:45 PM GMT +05:30



Kochi, Kerala, India
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 Kochi, Ernakulam, Kerala 682304, India
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 Long 76.318122°
 16/01/24 06:13 PM GMT +05:30

REPUBLICDAY

26 January 2024

As a part of the Republic Day celebrations, National Flag was hoisted by Vice Chancellor. The NSS volunteers delivered the NSS anthem 'Manasu Nannavatte' on the occasion. Eight volunteers from Unit 02 took part in the event.



Kochi, KL, India
 Panangad, Kochi, 682506, KL, India
 Lat 9.910741, Long 76.317091
 01/26/2024 09:21 AM GMT+05:30
 Note : Captured by GPS Map Camera

YUVASAMVAD

2February2024

The NSS KUFOS unit 01 conducted YUVA SAMVAD- India @2047 event on 02-02-2024 which was a platform for young minds to share their thoughts and aspirations for the future of India. Inter collegiate elocutions and debate and Extempore competitions were held and prizes were distributed. Twenty two volunteers from unit 02 took part in the programme.



8 February, 2024

UTS Application Training

Two volunteers attended the ongoing sessions of IRCTC UTS app training

8 February, 2024

Invited Talk by Dr. Karimpuzha Raman

The Invited talk organised by NSS KUFOS titled, “ A walk on the other side of the head” was attended by 17 volunteers from unit 02

PULWAMA DAY

15 February 2024

The Pulwama Day was observed in KUFOS by NSS unit 01. The volunteers sang a patriotic song and honoured the brave soldiers who laid down their lives in Pulwama attack.



VOTER AWARENESS CUM ENROLLMENT PROGRAMME

22 February 2024

The NSS unit 01 organized the Voters Awareness cum enrollment program. The program was inaugurated by Assistant Collector, Ernakulam, Sri.Nishant Sihara IAS. He elaborated on the

importance of encouraging, facilitating and maximizing the enrollment of voters, particularly the new voters. Later he lead an interactive session with the students and addressed their queries.



HIDDEN VOICES

29 February 2024

Ms.Devi, the founder and Ms.Mytri,the director of the NGO 'Hidden Voices' visited the NSS volunteers of KUFOS. The NGO works as volunteers for educating the unprivileged visually impaired people. Their ventures include reading and recording books of variou genres for blind people. 22 volunteers from Unit 02 participated in this programme and a few expressed willingness to register and be part of the NGOs activities. The program was organized by NSS unit 01. The program started at 3.30pm and came to an end by 5pm.



WORLD WATER DAY CELEBRATIONS

21 March 2024

The program was organized by NSS unit 01. The program started at 3pm with a formal NSS meeting. An awareness quiz was conducted on the theme “ water” for the volunteers and prizes were distributed to the winners. A formal campus cleaning drive was conducted by NSS volunteers along with NCC and other students. The volunteers were addressed by the hon’ble Vice Chancellor and program concluded with refreshment.



22 March 2024

The volunteers of unit 02 observed the World Water Day in the sneharamam premises. The volunteers observed the day by placing a water bowl (clay pot) for hydrating birds. More pots were procured from Shreeman Narayanan, a well known social worker and environmentalist from Aluva, for placing them in the campus in various locations and to distribute to the University Staff and students.



SWACHTA HI SEVA

27/09/2023



NSS unit of KUFOS in collaboration with the national highway authority of India has conducted an awareness walk through National Highway 66, Madavana as a part of Swachhata-pakhwada- Swachhata hi seva 2023 programme. Road cleanliness is a responsibility not an option was the slogan for the programme. Dr. Unnikrishnan Sivan, NSS Coordinator KUFOS rendered the welcome speech. The session was inaugurated by Dr. Dinesh Kaipally, Registrar KUFOS. The programme was graced with the presence of Pradeep – Project director NHAI, Sahadevan Nambiar - CEO KATPL, Abhishek -officer from Regional Office NHAI and Sravan

Kumar -manager operations KATPL. Pradeep, Project director NHAI spoke about Road cleanliness and safety. Dr. Athul Krishna, Dr. Jenny Ann John and Dr. Prameela , program officers KUFOS graced the occasion with their presence. The walk started from the University Campus which was flagged off by Registrar. The volunteers cleaned the vicinity of the highway and the premises of the campus . The programme ended with the vote of thanks by the Highway authority

ORIENTATION PROGRAM

16/10/2023

Orientation program for new NSS volunteers was conducted on 16th October 2023 at Seminar Hall, KUFOS. The event was by the presence of Dr Aparna Lakshmanan S, NSS program officer and Associate Professor Cochin University Of Science And Technology. An enlightening session by Dr Aparna Lakshmanan brought about a positive impact on our community. The program was adorned by the presence of Dr Unnikrishnan Sivan, program coordinator; Dr Athul Krishnan, program officer and eager volunteers.

MERI MATI MERI DESH

19/10/2023



NSS KUFOS unit 03 in collaboration with Palluruthy block panchayath M.G.N.R.E.G.S and Kerala State Youth Welfare Board has conducted "Meri Mati Meri Desh" program on 19/10/2023. The program began with a procession showing cultural heritage of Kerala. The welcome

speech was given by Vineeth, Block youth development officer. Dr Dinesh Kaipilley Registrar of KUFOS delivered presidential address and Block Panchayath President inaugurated the ceremony. Felicitation speech was given by Kumbalam panchayath President and Vivek district NYPK coordinator delivered the vote of thanks. Soil collected from the campus along with other schools and different places around Kochi were pooled together into a pot. This was then sent to higher ups in Kerala and then to Delhi. The program was concluded with cultural programs performed by NSS volunteers.

INTERACTION WITH DIRECTOR GENERAL ICAR

11/10/2023





NSS volunteers got to interact with Dr Himanshu Pathak, Director General ICAR on 11/10/2023 .They discussed about Meri Mati Meri Desh,Viksith Bharath implementation in the campus.

FRESHER'S DAY

16/11/23023





NSS KUFOS organized a vibrant and engaging Freshers' day where new volunteers were warmly welcomed to the community. The event began by the NSS anthem 'Manasu nannavatte' followed by an enlightening session by senior NSS volunteer Jemimah and Anulekshmi, highlighting the importance of community service. The freshers' day program featured interactive ice breaking session including interesting games, activities and various cultural programs conducted by students. Dr Unnikrishnan S, program coordinator; program officers Dr Jenny Ann John, Dr Athul Krishnan, Dr Premila delivered inspiring speeches sharing their experiences and valuable insights to the volunteers.

UTS APP AWARENESS

19/11/2023





An awareness program on UTS(unreserved ticketing system)app was conducted by NSS volunteers, KUFOS at Ernakulam south railway station.The program was aimed to familiarize passengers convenience and benefits offered by UTS app for booking unreserved ticket.The awareness program was honoured by the presence of Roop Narayan Sunker(Member Infrastructure,railway Govt of India),SM Sharma(Divisional Railway Manager)during their UTS App training and awareness campaign.Dr Athul krishna,program officer NSS KUFOS lead the team.Throughout the program volunteers addressed queries provided assistance and encouraged the passengers on downloading the UTS app

WORLD AIDS DAY

1/12/2023

RED RIBBON CAMPAIGN AND PAMPHLET DISTRIBUTION



On commemorating World AIDS Day NSS KUFOS UNIT 03 organized a red ribbon campaign spreading awareness and understanding about AIDS/HIV. The program commenced with a distribution of red ribbons to all the students, faculties and staffs of KUFOS. Pamphlets containing detailed information about AIDS, its symptoms, precautions, mode of transmission and prevention were also distributed. The pamphlets were provided by the Kerala State AIDS Control Society (KSACS). Program officers Dr Unnikrishnan S, Dr Athul Krishna initiated the volunteers to distribute pamphlet to honourable Registrar, Dr Dinesh Kaipilley And Dean FFE, Dr MK Sajeevan.

Road Safety Awareness Program

16/01/2024



Road Safety awareness conducted by NSS unit 3, KUFOS at Maradu Junction

NSS unit 03 of KUFOS in collaboration with the Nehru Yuva Kendra Sangathan (NYKS), Ministry of Youth Affairs and Sports, Govt. of India, and Kerala Motor Vehicle Department has conducted a road safety awareness program at National Highway 66, Marad. The program started from the campus with a T-shirt distribution to the NSS Volunteers by **Mr. Vinod, NYKS, Ernakulam**. An awareness quiz program has been conducted by volunteers among the pedestrians. Also, awareness on road safety has been carried out and a survey on traffic rule violations has been conducted as part of the road safety program. Dr. Athul Krishna K R, NSS Program Officer KUFOS has led the program. The program was a successful event and the NSS volunteers have done commendable work. The program ended with a vote of thanks by the program officer followed by the distribution of refreshments to the volunteers.

UTS APP AWARENESS

01/02/2024



NSS Volunteers assisting the public on the UTS APP awareness program

The Ernakulam South Railway station hosted a five-hour awareness workshop on the UTS (unreserved ticketing system) app, led by NSS volunteers and KUFOS. The program's goal was to familiarize users with the ease and advantages that the UTS app provides when ordering tickets without a reservation. Volunteers answered questions, offered assistance, and urged passengers to download the UTS app throughout the presentation. The passengers have benefitted from the awareness program conducted by the NSS volunteers of KUFOS.

